



STRONGER FAMILIES

October 3, 2021

• Choices _____, feelings _____.

• The season of _____/_____.

1. Don't _____ your anger.

• The hallmark of _____ is not allowing emotions to be _____.

• Cultivate an atmosphere of _____.

2. Be angry, don't _____.

• You can only defeat a _____ with the opposite _____.

3. Don't let the _____ go _____ on your _____.

4. Don't give a _____ to the _____.

A. Do _____ in a _____ way.

• Always walk into a conflict _____ that you were _____.

B. Do communicate not _____.

• Communication is about _____.

C. Do _____ to them.

D. Do _____.

• _____ protects my heart from the _____.