

# Why Fast?

## January 15, 2023

- Holy Spirit I want to be \_\_\_\_\_. I give You me for the next 21 days. Grow in me a \_\_\_\_\_ hunger for You. I open the door, come in and eat with me.
- Why \_\_\_\_\_?
- Fasting \_\_\_\_\_ our prayer.
- Fasting \_\_\_\_\_ me.
- Fasting helps secure \_\_\_\_\_.
- What had become \_\_\_\_\_ brokenness, began to \_\_\_\_\_ through prayer and fasting.
- Fasting helps us \_\_\_\_\_ God's \_\_\_\_\_.
- Fasting helps \_\_\_\_\_ out the unnecessary \_\_\_\_\_ so we can hear the voice that really \_\_\_\_\_.
- Fasting gives \_\_\_\_\_ to break demonic \_\_\_\_\_.
- Fasting \_\_\_\_\_ us for new \_\_\_\_\_.
- Fasting makes us more \_\_\_\_\_ of Immanuel, God with us.

Why fast:

---

---

---

---

---