In a Nutshell

August 18, 2023

I recently finished a book from the library I highly recommend called, "Atomic Habits: An Easy & Proven Guide to Build Good Habits & Break Bad Ones." I think I was ninth on the waitlist before I got the email telling me it was on hold under my name.

Quite a popular book with insightful practical wisdom like the book of Proverbs that I can always benefit from, I found. It is easy for us to see the challenge of a disciplined life as a bunch of good habits combined together and adversely think a bad day is often circumstance when to some degree it can be our habits playing out (good and bad).

It's made me think of my own spiritual habits and where I want to grow and how as a pastor I think we are called to grow together with God in deeper relationship & with each other. I encourage us each to look at our habits. Take time to reflect on how we are growing and would like to grow closer to Jesus Christ. Take time to prioritize growing in your faith and cultivating healthy spiritual habits. God is good all the time. All the time, God is good!

~Pastor Laura

NEW AND IMPORTANT INFORMATION

Sunday Night Dinners

We are starting back with our Sunday night dinners this fall! Please sign up for a date and let us know what you'll be bringing. You can sign up by clicking this link https://www.signupgenius.com/go/409044FAFAD29AAFF2-sunday1

Ticket To Ride

The Carpenters and Beatles sang a song, "Ticket to Ride." It's a great tune w/the Carpenters' version going, "Think I'm going to be sad.... he's got a ticket to ride and he don't care." Well we do care and as loving family of faith and want to ensure everyone has a "ticket to ride" to church. It has been brought to our attention that we have a few folks who could use rides to the church on Sunday morning. Please let Kim at the church office, or Pastor Laura know if you are interested in helping drive a person (s) to church so that they might have a "ticket to ride."

Harvest Festival Update

We're Back and gearing up for Harvest Festival on Saturday, October 21!

Please go ahead and work on your items for auction: crafts, wreaths, signs, floral arrangements, sewing, paint and wood projects!

Also, plan on helping with the 2 scheduled cook days (time TBD, but plan on AM start time) and 1 peeling party date:

Saturday, September 30 (cook)

Saturday, October 14 (cook)

Friday, October 20 (peeling)

Also, on Friday, October 20 (time TBD) we'll need to clean and prepare the fellowship hall to serve lunch, the take-out area, the dessert area, the auction area etc.

Check the fellowship hall often for specific duty assignments and items needed for donations!

We need everyone's help to make Harvest Festival successful!

Thanks in advance for supporting Walnut Grove with your prayers, presence, gifts, service and witness!

Cheryl S. Parker

Samaritan's Purse Operation Christmas Child Shoebox Project

We blessed and excited that Walnut Grove UMC has approved our participation in the Operation Christmas Child Shoebox Project this year!

There are numerous ways to participate:

- 1) Pick up a box from the Operation Christmas Child Table in the fellowship for your family to purchase items and fill. Each box will have a label inside for you to place on the box and check which sex/age child your box goes to. Return your shoebox to a container located underneath the table on or before October 1, 2023. The shipping and administrative cost is \$10 per box. Please follow the directions on the label for donations. Please put the portion of the label regarding shipping costs inside/top of box. DO NOT BURY IT DOWN IN THE BOX!!!!! If you pick up a box to be filled, PLEASE write your name and contact information on the signup sheet on OCC table so that an inventory can be kept.
- 2) Purchase items from lists provided in the weekly e-mail and e-Nutshell. There will large boxes underneath the OCC table for you to leave those items as you bring them in. The sooner the better as shoeboxes will be filled as we receive appropriate items!
- 3) If you prefer not to shop and would like to contribute funds, you may give those funds directly to me and I will do the shopping for you. If you have a specific area that you prefer your funds to be used, please let me know.
- 4) You may put money in the offering plate on any Sunday morning. Be sure to designate it for Operation Christmas Child Project. Those funds will be used to buy any additional items needed to fill boxes and/or for shipping costs.
- 5) And, most of all, please remember to **say a prayer** for the children who will receive these shoeboxes.

Suggested Items for Each Box:

- 1) "WOW" ITEMS such as soccer balls (deflated) with pump; dolls; stuffed animals or shoes (Note, each box should contain one WOW item!)
- 2) TOYS such as toy cars, jump ropes, yo-yos, cards, or dominos
- 3) TOILITRIES such as tooth brushes, combs, brushes, soap (individually wrapped!), stick deodorant, wash cloths
- 4) SCHOOL SUPPLIES such as pens, pencils, sharpeners, crayons, markers, notebooks, paper, coloring books, picture books, solar calculators
- 5) ACCESSORIES such as socks, sunglasses, jewelry, watches, flashlights (with extra batteries), caps, t-shirts, underwear

Do Not Include:

Candy, toothpaste, gum, seeds, food, liquids, lotions, aerosol cans, glass containers, breakable items, scary or war-related items, or used or damaged items!

Please feel free to contact me at (919)302-6924/cell, (919) 732-4959/home or e-mail at: jcrabtree@centurylink.net

BLESSINGS!

Jeanne A. Crabtree, Project Leader
Walnut Grove United Methodist Church

<u>Travel to the Billy Graham Library and the NarroWay production of "The Real Christmas Story" - Saturday, December 16, 2023</u>

Jean Mangum is coordinating a Holiday Tours' bus trip to The Billy Graham Library and to Martin & Clark's "The Real Christmas Story" on Saturday, December 16th. The cost is \$135 per person. This is a one day trip to Charlotte, NC. Lunch is on your own, but the NarroWay production of the Christmas Story includes dinner: Oven-roasted turkey breast, creamy mashed potatoes, brown gravy, Christmas dressing, cranberry sauce, garden green beans, fresh, warm yeast rolls w/butter, homemade pumpkin pie with whipped topping and sweet iced tea or water.

Before attending the dinner theatre, we will travel to The Billy Graham Library. Jean has already paid the necessary deposit to book the trip. Payment needs to be made, in full, by October 1st to Jean Mangum by check or cash. There is room for you and your family and friends. Join us for a great time with our church family!

Tithes and Offerings

We have four ways to give to our ministries. If you would like your offering to be allocated towards a specific ministry, please indicate it in the memo of your check or you will be prompted on the website.

- 1. Give during our weekly Worship Services.
- 2. Mail in a check to 7215 Walnut Grove Church Road, Hurdle Mills, NC 27541.
- 3. Use our church **website**. Click GIVE in the upper right corner.
- 4. Use our online giving app "Vanco Mobile".

JOYS & CONCERNS

Prayer List

- Maryellen Benton from Denver, NC, Maryellen is one of our Walnut Grove Crafters.
- David and Carolyn White who are both having serious health issues. David has congestive heart
 failure and two kinds of cancer. Carolyn has cancer as well. They are friends of Martha (Martha is a
 member of the Mary Martha Busy Ladies and Walnut Grove Crafters) and Ray Niles.
- Peggy Bledsoe, health issues. She is Dan Bledsoe's mom.
- Pat Sykes
- Debbie Haywood (cancer treatments), friend of Ann and Bruce Richardson.
- Dana Kimrey. He is the brother of Lorraine Hines.

Send A Card

Maryellen Benton, 7910 Sarah Drive, Denver, NC 28037.

Quilt

Maryellen Benton from Denver, NC who will have surgery for breast cancer. Maryellen is one of our Walnut Grove Crafters.

(The quilt will be in the Fellowship Hall. You're invited to tie a knot and say a prayer over it.)

Upcoming Birthdays

Friday 8/18 – Penny Burton, Mechelle Clayton

Saturday 8/19 – Jean Mangum, Debbie Phelps

Sunday 8/20 – Rhonda Rath, Scott Humphrey

Monday 8/21 – Jerry Phelps, Carson Latta, Bert Tilley

Tuesday 8/22 - Mark Jones, Karin Hopkins

Wednesday 8/23 - Tommy Compton, Rickey Robinson, Jr., Christie Smith, Larry Thomas,

Olivia Guy, Patty Meehan

Thursday 8/24 – Laura Dunlap

Friday 8/25 – Andy Gates, Carter Keough

If your birthday is incorrect or missing, please contact Kim at the church office at 919-732-5722 or by email at office@walnutgroveumc.org so we can update our records.

STAYING CONNECTED

WG YouTube WG Facebook Website! Sign UpHere! For Online Sign-Up

Serving in Worship

August 20th

Acolytes: Max Kemnitz/Isaac Conway Greeters: Ashley Parker/Grace Dunlap

Ushers: Brenda & Jimmy Berry Nursery: Lorraine Hines/Ava Lee Scripture Reader: Emma Beckham Trustee Open/Close: Joshua Rogers

August 27th

Acolytes: Magnus Kemnitz/Corbin Smith Greeters: Margaret Anne Dow/Shirley Clayton

Ushers: Cathy & Chris Boling

Nursery: Pam Kimrey/Grace Dunlap Scripture Reader: Brenda Berry

Trustee Open/Close: Sharyn Gates

Mowing Schedule

August 19 - Scott Humphrey

August 26 -- Barry Walker September 2 – Johnny & Shirley Clayton

September 9 – Clay Parker September 16 – Phil Hines

September 23 – Jimmy Berry September 30 – Bruce Richardson

NOTE: If you're unable to serve in your role listed above, please find someone to serve in your place and notify the church secretary of the change. This will allow us to have an updated listing to publish each week.

Upcoming Happenings

Sunday, August 20 9:30am Sunday School

10:30am Worship Service

11:45am Fellowship Committee Lunch & Planning

Esp. Back to School Bash

Monday, August 21 6:30pm SPRC Meeting

Tuesday, August 22 11:00am Workout Class in pool at Linda's house

Wednesday, August 23 6:30pm Worship Band

7:00pm Worship Choir

Thursday, August 24 11:00am Workout Class in pool at Linda's house

Fri-Sat, August 25-26 Walnut Grove Crafters

Sunday, August 27 9:30am Sunday School

10:30am Worship Service 10:45am Children's Church

Monday, August 28 7:00pm Covenant Council meeting

Tuesday, August 29 11:00am Workout Class in pool at Linda's house

Wednesday, August 30 6:30pm Worship Band

7:00pm Worship Choir

Thursday, August 31 11:00am Workout Class in pool at Linda's house

See You Sunday!!