

Psalm 32:5-11

Therefore let all who are faithful
offer prayer to you;
at a time of distress,^[b] the rush of mighty waters
shall not reach them.
You are a hiding place for me;
you preserve me from trouble;
you surround me with glad cries of deliverance. *Selah*
I will instruct you and teach you the way you should go;
I will counsel you with my eye upon you.
Do not be like a horse or a mule, without understanding,
whose temper must be curbed with bit and bridle,
else it will not stay near you.
Many are the torments of the wicked,
but steadfast love surrounds those who trust in the Lord.
Be glad in the Lord and rejoice, O righteous,
and shout for joy, all you upright in heart.

On the app *Lectio 365*, the daily devotion shared about the life of Susannah Wesley, who died on July 23, 1742. The mother of John and Charles Wesley, she gave birth to nineteen children. Nine of the nineteen children died; her husband was imprisoned twice. Her home burned down twice, and yet she became known as a great preacher, teacher, woman of faith, and devout mother.

Susanna Wesley believed the Great Commission began at home. She poured into the lives of her children in such a way that John Wesley would later remark, "I have learned more about Christianity from my mother than all the great theologians of England." She taught Sunday school to her children around the kitchen table. And anytime she placed her apron over her head, her children knew not to disturb her. This simple act indicated she was in a posture of prayer, interceding in prayer for her children by name as she spent time with God.

Among the many beautiful prayers written by Susannah Wesley, this was shared:

Help me, Lord, to remember that religion is not to be confined to the church, or closet, nor exercised only in prayer and meditation, but that everywhere I am in thy presence. So may my every word and action have a moral content. May all the happenings of my life prove useful to me. May all things instruct me and afford me an opportunity of exercising some virtue and daily learning and growing toward thy likeness.
Amen.

Her prayer echoes the promise of Psalm 32. God is our hiding place in times of trouble, the One who surrounds us with steadfast love and faithfully instructs us in the way we should go. Prayer is not simply something we do in moments of crisis. Praise God, it is the rhythm shaping our minds and hearts in forming spiritual depth in our lives.

Walnut Grove Church family, we are people committed to prayer and spiritual formation. Through our prayer lists, daily prayer lives, and dedication to building each other up in the faith, consider those around you. Consider the people God has entrusted to your care—your family, neighbors, coworkers, and friends - and how your faithful witness might encourage them to grow closer to Christ. As always, if you have a prayer concern or would like me to pray with you about something specific, please let me know. It is an honor to join you in prayer. Praise God! Together we are strengthened and sustained by the steadfast love of God. -Pastor Laura

Youth Yard Sale – Today and Tomorrow

Come shop and support our youth ministry at our Youth Yard Sale! You'll find a variety of items at great prices, and every purchase helps support our youth and their activities.

Date: Friday and Saturday (today and tomorrow)

Time: 8am to 11am – both days

We hope you'll stop by, find a few treasures, and help make this fundraiser a success. Thank you for your donations to the yard sale and your continued support of our youth!



NEW AND IMPORTANT INFORMATION

Looking Ahead to Sunday Worship

Scripture for Sunday: Romans 8:26-39

Sermon Title: *Nothing Can Separate*

As we look ahead to Sunday, I encourage you to read the scripture ahead of time as part of your devotional time and preparation for Sunday. One passage of scripture can easily take us in many directions. Use the sermon title to help guide your reflections. Spend time in Lectio Divina with the scripture as part of your daily devotions. There are lots of videos on YouTube on how to participate in Lectio Divina. Here is a meditative video that is instructive to be a resource to you –

Meditative How To - Lectio Divina

Potluck Breakfast With Our Intern – August 2nd

Our summer intern, Douglas, will conclude his time with us on Sunday, August 9. We are grateful for his ministry this summer, and we invite you to join us as he brings the morning message on his final Sunday.

Please plan to join us for a special Potluck Breakfast honoring Douglas on Sunday, August 2 at 8:30am. This will be a wonderful opportunity to enjoy fellowship together and personally thank Douglas for his time with our church. We hope everyone can come and help us make this a memorable send-off as we wish him God's blessings in the future. This event is open to everyone – we would love for you to come and be part of this special gathering.

What to Bring:

A breakfast item to share

A card for Douglas

Youth Update -- Breakaway

I am so thankful for the opportunity to attend Breakaway again this year. Breakaway is a week-long camp for youth in the North Carolina Conference where you spend intentional time in worship and small growth groups. This year was my second year attending and it was just as impactful as last year. Our youth group couldn't attend without the support of our church family. Last year, I met a person who would become my best friend in growth groups. We have laughed together and cried together many times since then. The worship at Breakaway is amazing and youth can take part in the worship services. It was a true joy to watch my brother, Michael, play the drums during worship. Breakaway 2026 helped our Walnut Grove youth who attended grow closer together as well. I can't believe next year will be my last Breakaway. I can't wait to see what God has in store for the NC Conference Youth. Thank you to everyone who helps make these life-changing opportunities available to our youth. We appreciate our Walnut Grove village!

In Christian Love,

Mary Emma Roberts

Sunday Night Gatherings

It will be time to start back Sunday night fall activities before you know it! I created a survey to help us plan accordingly. Please take a few minutes to fill it out. If you have questions or comments, let me know! -Pastor Laura

Survey for Sunday Night Bible Study

OCIM Update

OCIM needs for this week are toilet paper, toothbrushes, bars of soap, toothpaste, and deodorant.

A total of 1630 pounds has been delivered by Walnut Grove since January! Thank you for all the contributions to support OCIM and our community.

Save The Date – Charge Conference -- Sunday, October 11!

Charge Conference is Sunday, October 11th at 3:00pm. Walnut Grove UMC will be hosting this year. This is open to all members of the church! Please join us as we continue to grow together in Christ!

Summer Arts Camp For Kids



Walnut Grove UMC
July 27-30th
9am - 12pm

**SUMMER
ARTS
CAMP**

K-5TH
GRADE

\$20 PER CHILD

Scan to register or email office@walnutgroveumc.org

The poster features a light pink background with a black border. It includes illustrations of a hand holding a glue stick, a hand holding a paintbrush, and a hand holding a pencil. A red star is also present. A QR code is located at the bottom center.



Annual Mother-Child Retreat

REGISTER!

[HTTPS://WWW.ULTRACAMP.COM/INFO/SESSIONDETAIL.ASPX?](https://www.ultracamp.com/info/sessiondetail.aspx?IDCAMP=623&CAMPCODE=DLC&IDSESSION=583286)

IDCAMP=623&CAMPCODE=DLC&IDSESSION=583286

SEPTEMBER
11TH-13TH

THE NORTH CAROLINA UNITED WOMEN IN FAITH IS HOSTING A MOTHER/CHILD RETREAT WEEKEND AT CAMP DON LEE! THIS WEEKEND IS FULL OF FUN AND FELLOWSHIP! THERE WILL BE FAITH FORMATION SESSIONS GEARED TOWARD YOU AND YOUR CHILD. CAMP PROGRAMMING WILL INCLUDE SAILING, CANOEING, ARCHERY, CRAFTS, AND OF COURSE S'MORES!

DATE: SEPT 11-13

ARRIVAL - 5:30PM FRIDAY (PLEASE EAT DINNER BEFORE ARRIVAL)

DEPARTURE - 10AM SUNDAY (AFTER BREAKFAST AND WORSHIP)

FEES: \$132 FOR ADULTS OVER 18, \$100 FOR CHILDREN & YOUTH 6-17.



Tithes and Offerings

Vanco QR Code

As we continually adapt to the gift of technology, Walnut Grove now has a Vanco QR code provided on the back of the bulletin and in the Nutshell for online giving. Simply hold your phone or tablet's camera over the code for the link to Vanco. Your generosity helps us continue serving Christ and reaching out to our community in mission and faithful witness.



JOYS & CONCERNS

Prayer List

- Pat Beck, recovering from surgery. She is a member of our church family.
- Carol Gerbracht, recovering from surgery. She is a member of our church family.
- Herbert Cates, recovering from car accident and other health concerns. He is a member of our church family.
- JoAnn Cates with health issues. She is a member of our church family.
- Rev. Meg Hoffman, battling cancer. She's the director of Seeds of Faith at Camp Chestnut Ridge.
- John Hougom from Hurdle Mills, who is being treated for lung cancer. John is the brother of Sonja Tilley and brother-in-law of Wesley Tilley.
- Rev. Mike Sykes and Pat Sykes with health concerns
- Kathy Matthews, recovering from a fall. She is a friend of Kim McColman.
- Gene Parker who has ongoing health concerns and was recently discharged from the hospital. His wife, Kay Parker, is a member of WGIMC.
- Jaxson Bates injured in a traffic accident. He is a friend of Mary Emma Roberts.
- Scott Moore, diagnosed with leukemia. He is the brother-in-law of Emma Beckham.
- Merrill Messick, who is Beverly Huey's father and Mary Dietz, her aunt.
- Sam Woods, who is facing health issues.
- Wayne Dewberry, who is facing surgery after a recent fall.
- Scott Hackler with cancer diagnosis. He is a friend of Jolinda Swiggett.
- Linwood Lovitte, who is a member of our church family.
- Jessy Privette from Wendell has been diagnosed with cancer. Jesse is the girlfriend of Jeffrey James, who is the son of Anita James and brother of Michael James.
- Rick Johnson with health issues. He is friends with Judy Butler and many other church members.
- David Leonard having complications from surgery. He is the dad of a friend of Faith Parker.
- Leo Brooks Populorum (7 Months old), from Pittsboro, has very serious health issues. Leo is the grandson of John and Judy Guibert who are friends of Beverly Huey.
- Ben Lloyd, Cheryl Humphrey's father, with serious health issues.
- Gilbert Lee in Prince George, VA, who recently had surgery for cancer. He is Richard Lee's father
- Liz Matthews, friend of Katie Whitaker
- Kathy Kimrey with health concerns. She is the sister-in-law of Lorraine Hines and Pam Kimrey.

Prayer is powerful and we love praying for one another! If you have a request on the prayer list, we would be grateful for any updates needed. This helps us know how to continue praying and when requests may be removed or celebrated. Please let us know how we can best pray for you and your loved ones.

Quilt

Rodney Overcash who is having health issues. He is Jolinda Overcash Swiggett's brother.

(The prayer quilt will be at the front of the sanctuary on Sunday. You're invited to tie a knot and say a prayer before or after the service.)

Birthdays

Friday 7/24 – Donnie Crabtree, Jesse Whitaker

Saturday 7/25 – Ashley Ford, Tony Larry Rigsbee, Jr.

Sunday 7/26 – Linda Clayton, Abby Lee

Monday 7/27 – Claire Overcash, Michael Roberts

Tuesday 7/28 – Carley Parker

Wednesday 7/29 – Keith Taylor

Thursday 7/30 – Callie Smith

Friday 7/31 – Mike Clayton, Evan Dement

If your birthday is incorrect or missing, please contact Kim at the church office at 919-732-5722 or by email at office@walnutgroveumc.org so we can update our records.

STAYING CONNECTED

[WG YouTube](#)

[WG Facebook](#)

[Website](#)

Serving in Worship

July 26th

Acolytes: Anna Robinson/Magnus Kemnitz

Greeters: Dale Smithson/Stacey Spake

Ushers: Jenny Blalock/Margaret Anne Dow

Scripture: Erica Nading

Nursery: Lorraine Hines/Grace Dunlap

Trustee Open/Close: Daniel Johnson

Financial Rep: Judy Butler

August 2nd

Acolytes: Samantha Johnson/Callie Smith

Greeters: Pat Beck/Jenny Blalock

Ushers: Chris & Cathy Boling

Scripture: Lorraine Parker

Nursery: Pam Kimrey/Cheryl S Parker/Kennedy Dunlap

Trustee Open/Close: Dan Bledsoe

Financial Rep: Ashley James

Communion Servers: Rick & Beverly Huey

Mowing Schedule

July 25 - Bruce Richardson

August 1- Todd Harris

August 8 - Mike Parker

August 15 - Clay Parker

August 22 - Barry Walker

August 29 - Phil Hines

NOTE: If you're unable to serve in your role listed above, please find someone to serve in your place and notify Kim of the change. This will allow us to have an updated listing to publish each week.

Upcoming Events

Fri-Sat., July 24-25	Youth Yard Sale
Sunday, July 26	9:30am Sunday School 10:30am Worship Service 10:45am Children's Church
Mon-Thurs, July 27-30	9am-12pm Summer Arts Camp for Kids
Wednesday, July 29	6:30pm Worship Band 7:00pm Worship Choir
Fri-Sat., July 31-Aug 1	Walnut Grove Crafters
Sunday, August 2	8:30am Breakfast With The Intern 9:30am Sunday School 10:30am Worship Service 4:00-5:30pm Popsicles and Prayers
Sunday, August 9	9:30am Sunday School 10:30am Worship Service 10:45am Children's Church
Wednesday, August 12	6:30pm Worship Band 7:00pm Worship Choir
Sunday, August 16	9:30am Sunday School 10:30am Worship Service 2:00pm Finance Committee meeting 3:00pm SPRC meeting
Wednesday, August 19	6:30pm Worship Band 7:00pm Worship Choir
Sunday, August 23	9:30am Sunday School 10:30am Worship Service Back to School Sunday (bring your backpacks) 10:45am Children's Church
Wednesday, August 26	6:30pm Worship Band 7:00pm Worship Choir

Fri-Sat., August 28-29 Walnut Grove Crafters

Sunday, August 30 9:00am Doughnuts/Coffee for everyone!! (provided by Methodist Men)
9:30am Sunday School Opening/Student recognition
Joint Sunday School Adults
10:30am Worship Service - 5th Sunday SongFest

See You Sunday!!