



## Sermon Discussion Questions

For small group leaders or for a whole small group to use

“Distance Creates Perspective” (Psalm 90), July 13th, 2025

Keith Ogorek

### Sermon Overview

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#### Main Idea

Psalm 90:12 teaches us to number our days so that we may gain a heart of wisdom. This message was about how we can be more intentional about allocating our time and intentionally developing a heart of wisdom.

#### Sermon Outline

Keith gave an outline of Psalm 90, but the message focused on verse 12.

Psalm 90:

1. The Foreverness and Faithfulness of God
2. The Frailty and Fallenness of Us
3. The Final Requests of Moses
  - a. **Teach us to number our days**
  - b. Turn and have compassion
  - c. Satisfy us
  - d. Show us favor and establish our work

#### Quotation(s)

“To number our days is not a lesson in elementary math, but in life-changing theology.” - Michael Wilcock

“You will develop an adult body because of biology. You will develop a heart of wisdom by intentionality.” - Keith Ogorek

“Live your life in such a way that people ask ‘why?’” - Keith Ogorek

### Discussion Questions

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**Read the Scripture Text** (if the text is shorter, consider reading it together several times).

#### Initial Engagement

- What is the main idea of the text, or what did the sermon focus on? (See above to review the main point)
- What insight from the text or sermon stood out to you most, and why? (Encourage several people to share)

#### Deeper Reflection on the Meaning and Implications

1. Keith talked about how numbering our days is not about counting them, but rather about how we allocate our time. If you were to look at how you spend your time on average each week, are there any blocks of time that you should re-allocate?
2. Both Deuteronomy 4:5-6 and James 1:5 talk about ways that we can be intentional about gaining wisdom by obedience to God’s Word and asking God for wisdom. What are ways that you can grow in one or both of those areas?



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3. Proverbs 13:20 reminds us that who we spend time with can have an impact on us. How can you be more intentional in seeking out people that you can pour into and wise people that you can learn from?
4. The Puritans applied Psalm 90:12 literally by breaking up life into 20 year seasons. The seasons covered preparation, production, provision, and protection (passing on wisdom). Whether or not you agree with that specific approach, based on your stage of life, how can you be the best stewards with what God has given you?
5. Keith spoke of those who “love Jesus, but don’t fear God.” Discuss what you think that means.

### Final Response

- What is one thing you want to remember or do in light of this sermon or discussion?