



## Sermon Discussion Questions

In Praise of True Womanhood (Proverbs 31:10–31)

Proverbs: The Wisdom of God as a Way of Life

April 26, 2026 – Drew Hunter

### Sermon Overview

---

#### Main Idea

Our text this morning gives us a portrait of wisdom embodied in a woman; a vision of true femininity and womanhood. We will see from our text a definition of true womanhood: Confident and joyful diligence for the sake of others—especially one’s family and the vulnerable... rooted in the fear of the Lord.

#### Sermon Outline

1. Who She Is (vv. 10–12)
2. How She Serves Her Household (vv. 13–19)
3. How She Extends Her Influence (vv. 20–27)
4. Why She Is Worthy of Honor (vv. 28–31)

### Discussion Questions

---

#### Initial Engagement

- What is the main idea of the text, or on what did the sermon focus?

#### Deeper Reflection

1. Drew rightly described our text as not being that of a specific, ideal wonder woman, but more as an archetype – a poetic, comprehensive portrait of an A – Z ideal woman. Slowly reread the text. The names of multiple women probably come to mind. Jot down names. What common traits do you see in them? Does this portrait seem overwhelming or inspiring? Why?
2. Verses 13 – 19 describe how the Proverbs 31 woman serves and provides for her household. What metaphors are used? What do they mean? What metaphors and examples might be used for today’s Proverbs 31 woman?
3. Think of examples when you have seen a woman honored well. Describe the situation? Who was honoring her? What stood out as reasons for deserving honor?
4. During small group, break into two groups – men and women – and discuss the following:
  - a. Women: This poem gives a poetic, idealistic, composite picture of a wise life well lived. In what aspects of this ideal are you ‘living well’? In what aspects do you feel you should improve?
  - b. Men: How are you doing showing honor to the women in your life? What specific things are you doing to show honor to them? What behaviors would be better defined as anti-honoring?

#### Final Response

- What is one thing you want to remember or one way you hope to change in light of this sermon or discussion?