



Sermon Discussion Questions

"The Eternal Joy of Jesus and His People" (Psalm 16) – August 24th, 2025

Psalms: Pour Out Your Heart to Him

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Sermon Overview

Main Idea

This Psalm is marked by a tone of joyful assurance, even in the face of life-threatening hardship. This tone contrasts with how many people live today. At the heart of our fallen human condition is the inclination to look for protection apart from God, to look for joy apart from God, and to think that this life is all we have—and therefore the prospect of death takes away our joy. Yet while Psalm 16 looks at first to be a Psalm about David, David is ultimately writing about Christ. David wrote this Psalm for God's people to anticipate the coming of King Jesus.

Here's the point of this Psalm: Look to Jesus, who trusted the Father with complete contentment, and who secured our eternal joy through His resurrection.

Sermon Outline

1. The King's Prayerful Trust (v1-2)
2. The King's Wholehearted Delight (v3-4)
3. The King's Settled Contentment (v5-8)
4. The King's Joyful Assurance (v9-11)

Quotations

Thomas Brooks, quoted in Charles Spurgeon, *The Treasury of David*

"Mark, for quality, there are *pleasures*; for quantity, *fullness*; for dignity, *at God's right hand*; for eternity, *forevermore*. And millions of years multiplied by millions, make not up one minute to this eternity of joy that the saints shall have in heaven [and by heaven, he also includes our eternal life on the new earth to come]. In heaven there shall be no sin to take away your joy, nor no devil to take away your joy; nor no man to take away your joy... The joys of heaven never fade, never wither, never die, nor never are lessened nor interrupted. The joy of the saints in heaven is a constant joy, an everlasting joy."

Discussion Questions

Initial Engagement

- What is the main idea of the text, or what did the sermon focus on?
- What insight from the text or sermon stood out to you most? Why?



Sermon Discussion Questions

Deeper Reflection

1. In verses 1 and 2 we see the king's prayerful trust. How is this a pattern you might need to follow for a trial or circumstance you are currently faced with? Is your default to look to the Lord first when you are facing difficulties? David says in these verses, "I have no good apart from you", meaning he loves God above all things. Is your life marked by this type of trust in the Lord?
2. David says in verses 3 and 4 that his whole delight is in the people of God, the saints. Do you get this kind of delight and encouragement from God's people? Is it possible to say we love God, but not have love for and delight in God's chosen people? If we are lacking in this area, are there steps we can all take to cultivate this kind of delight?
3. In verses 5-8, we see the King's settled contentment. If the Lord is your chosen portion (v5), how does this lead to ultimate contentment? Do ever-changing life circumstances cause you to forget this reality? How does this type of contentment contrast with the issue of wanting to "keep up with the Joneses"?
4. This Psalm concludes in v9-11 where we see the King's joyful assurance. How should these words of assurance from David also provide assurance to God's people today? Should the promise of future joy be experienced in some measure even now in this life? How could this be a helpful refuge in the midst of suffering?

Final Response

- What is one thing you want to remember or one way you hope to change in light of this sermon or discussion?