

Hope City Church

Going Deeper Notes | 9.21.25

Philippians 3:17-21 | Mark 9:28-29, *New Life Version* | Matthew 6:16-18

Hungry For More!

Scripture references for the A.C.T.S prayer model:

Adoration ('Simba') | 'The Hallelujah Psalms': 111-118; 146-150

Confession | *...so you may be healed.* James 5:16

Thanksgiving | *Be thankful in ALL circumstances...* 1 Thessalonians 5:18

Supplication (Petition) | *And we are confident that he hears us...* 1 John 5:13-15

Icebreaker: What kind of snack do you have a craving for whenever you get hungry? What time of day does this craving most often come to taunt you until you finally satisfy it? What happens if you tell it "NO!"?

Going Deeper:

- (1) Philippians 3:17-21 (p. 901, Life Transformation Bible, LTB) begins to reframe the priorities of a person who professes to be a Christ-follower. What are the main points of this passage that stand out to you? Who are some of those people that you have chosen to pattern your life after in the ways that you see them living their lives for Christ? How are you being challenged to grow in your relationship with Jesus?
- (2) Mark 9:28-29 (Use **biblegateway.com** to find: *New Life Version*) tells us that fasting, or the abstinence of something like food, is done to help one to be more focused on where God is leading. What has fasting looked like to you in the past? Which of these 7 reasons for fasting would be most beneficial for you right now? How do you feel about fasting in this season?

- *Humility & Repentance*
- *Seeking God's direction*
- *Mourning & Sorrow*
- *Praying for your ONE (Mt 18:12)*
- *Breaking strongholds*
- *Spiritual warfare & freedom for others*
- *A church united around 3 church start-ups in 5 years*

Next Steps: During these next 8 weeks, decide what you would like to fast or abstain from to seek God's direction for someone or something that you care about. What will this fast look like for you each week leading into Thanksgiving? When will it happen during the day/ week? What will you choose to abstain from? What are you going to pray for specifically? Who will you ask to encourage you during this fast?

Prayer: God, everything you do reveals your glory and your majesty! There is evidence of your love all around me! I confess that there have been things that have been distracting me from following you in the ways that you would like me to. Thank you, Lord, for your unfailing love for me. Thank you for your faithfulness to me even when I am faltering. I am asking for wisdom in what this fast will look like for me during these next 8 weeks, God. I invite your Spirit to go before me and to lead me in those areas of my life where I need to hear what you want to share with me during this time of fasting.