

There are many opportunities for adults to stay connected even during this challenging time we live in. The most important thing you can do to maintain healthy spirituality is to be regular in Worship, stay connected to the Word, and be in fellowship with others. Many of our groups have found creative ways to meet and still provide the safety and flexibility so very much needed.

You will find the groups organized below according to the 4 areas of growth as a Christian that have become the hallmark of Redeemer's disciple-making process: Healing, Growing, Serving, and Going. Where are you being challenged to grow?

Faith Step Classes and Life Groups are all listed under the Growing section.

Health and Holistic Healing

Fit for Life--First Place for Health Bible Study

A weekly Bible Study focusing on daily devotions, Bible Study, and discussion on healthy living topics. Participants are encouraged through mutual accountability to journey towards spiritual, mental, emotional, and physical wellness.

REGISTRATION IS REQUIRED. Contact Melanie

When: Thursday (meets weekly October-April)

Time: 7:00-9:00pm

Where: TBD Contact Melanie for more information

Who: Women (men are welcome too)

Leader: Melanie Lauer

301-253-4831

MML927@aol.com

Parent Support Group

A loving group of individuals who gather to support and encourage those parents dealing with grown children with a myriad of life issues that impact the family.

When: 1st Sunday of month; Sept-July

Time: 1:30-3:30pm

Where: Via Zoom

Who: Co-Ed

Leader: Sandi Matson & Pastor Ray Scheck

301-607-6932(Sandi)

Celebrate Recovery

A Christ-centered ministry that gives people the resources and relationships to help recover from life's hurts, habits, and hang-ups. For anyone struggling with past or current dysfunctions or compulsions, whether they are affecting their own life or the lives of those around them. The purpose of CR is to fellowship and celebrate God's healing power in our lives through the Eight Recovery Principals found in the Beatitudes and Christ-Centered Twelve Steps.

By working these steps and applying the principals, we begin to grow spiritually. We are freed from our addictive, compulsive, and dysfunctional behaviors. This freedom creates peace, serenity, joy and, most importantly, a stronger personal relationship with God and others.

Worship, Testimonies, Teaching, & Open Share Groups

When: Tuesday year round
Time: 7:00-9:00pm
Where: Via Zoom: Contact Steve Ellis for a Zoom link
Who: Men, women, young adults

Leaders:

Cherri Warren
cawarren1220@gmail.com

Steve Ellis
redeemercr@fastmail.com

Growing as Disciples of Jesus

Faith Step classes

Following God's 12-Step Path to Healing, Freedom & Lasting Change

Mike & Cherri Warren

God set out a plan for the recovery of His broken people. The Bible is the greatest book on recovery ever written. In it, we meet numerous individuals whose hurting lives are restored through the wisdom and power of God. We meet the God who is waiting, with arms outstretched, for all of us to turn back to Him, seek after His will, and recover the wonderful, purposeful life He has for each of us. This class is taking recovery back to the source—the Bible—to learn how to let God do for us what we cannot do for ourselves, while taking the steps necessary to draw closer to Him, as we learn to trust Him to heal our brokenness and set us on the path toward wholeness.

When: Sunday mornings
Time: 9:45-10:45am
Where: Via Zoom until further notice
Who: Co-Ed

STARTING September 20

Contact leader for Zoom invite

Mike: 301-452-0744 or mh.warren958@gmail.com

Cherri: 301-509-4438 or cawarren1220@gmail.com

Praying Circles Around Your Marriage Triads

Chris & Wanda Sloop

Prayer is the most powerful way to transform your marriage. The book, *Praying Circles Around Your Marriage* draws from the life-changing principles in the bestselling book *The Circle Maker* to empower you to fulfill the God-given dreams for your marriage. Discover seven key prayer circles for your marriage: Vision Circle, Romance Circle, War Circle, Dance Circle, Support Circle, Storm Circle, and Legacy Circle. We will be meeting as a large group (two times a month) and in triads (you and your spouse will meet with two other couples) one to two times a month to put into action what we are learning and discovering from the book.

Through these circles you will:

- Discover your shared vision and find a new combined purpose together
- Turn the tables on conflict and access the gift of being known
- Be a student of your spouse and ensure a connected and intimate relationship
- Build a foundation for your marriage that will help you weather the trials that are sure to come
- Learn to draw a larger circle around your marriage so that your unified purpose can be a blessing to others by investing in other couples to lead them into a stronger marriage

When: Starting Sunday **September 27 - December 6**
Time: Sundays 4- 5 p.m. (Time may vary for in-person meetings)
Where: Via Zoom with some in person meetings at an outdoor location weather permitting
Who: Co-Ed married couples; Singles who are married or seriously dating are also welcome.

Contact leader for more information:

Wanda Sloop-wanda@sloop.us or 240-344-6343

***Battlefield* Studies for Men**

Two Options:

Study 1: The Bait of Satan by John Bevere

Ted Gammell, Kyle Petersen, Kirk Cook

Are you been ensnared by bitterness, seized by anger, or held captive by resentment, all because someone has offended you?

The Bait of Satan exposes one of the most deceptive snares Satan uses to get believers out of the will of God--offense. This trap restrains countless Christians, severs relationships, and widens the gulfs between us. John Bevere shows you how to escape Satan's grip, avoid a victim mentality, practice forgiveness, experience reconciliation, and remain free in Christ. Be inspired to stay free from offense and its destructive power. Don't let anyone affect your relationship with God!

When: Wednesday Evenings **STARTING September 23**
Time: 7:15-8:15pm
Where: via Zoom with some in-person gatherings

Contact leader for a Zoom invite:

Ted Gammell 301-788-4912 or ted.gammell@viasat.com

Study 2: "Oneness Embraced: Reconciliation, The Kingdom, and How We are Stronger Together" by Tony Evans

Ryan Bartel, Howard Fischer, Karl Madden

With the Bible as a guide and heaven as the goal, *Oneness Embraced* calls God's people to kingdom-focused unity. It tells us why we don't have it, what we need to get it, and what it will look like when we do. Weaving his own story into this word to the church, Tony Evans tells of a life spent between two worlds. As a young theologian, he straddled black, urban culture and white, mainstream evangelicalism. He offers seasoned reflections on matters of history, culture, the church, and social justice.

This call for unity is as timely as ever. If the church practices oneness, America will have a guide for becoming the one nation under God it declares itself to be.

When: Sunday Evenings
Time: 4:00-5:00pm
Where: via Zoom

STARTING September 20

Contact leader for a Zoom invite:

Karl Madden 240-626-9712 or maddenkm@comcast.net

Jude: Contending for the Faith in Today's Culture by Jackie Hill Perry

Janet Stephens, Herb Schoenberg, Rachel Gammell

In this 6-week study we will discover what it looks like to serve God in a culture that has lost sight of the Gospel. If you have ever struggled with how to love your neighbor, bringing up Jesus in a conversation with a friend, or standing for the faith; join us on a journey through the book of Jude to learn what it looks like to contend for the faith in today's culture.

When: Sunday mornings
Time: 9:40-10:40am
Where: Via Zoom
Who: Post College young adults to well-seasoned adults

October 11-November 15

Contact leader for a Zoom invite:

Janet Stephens
jls3943@comcast.net

Rachel Gammell
prgammell19@gmail.com

Mom Set Free

Joyce Anderson, Tammy Compton, & Denise Ginsburg

We have Good News for Moms who are tired of trying to be good enough and need relief from the pressure to get it all right! Using the truth of God's word, we will learn more about using grace and trust than perfection in parenting. Mom Set Free shows us how knowing the good news of the gospel changes how we live and empowers us as moms. Join us and be set free as Christ intends for you!

When: Monday Evenings
Time: 7:30 – 8:30 pm
Where: Via Zoom
Who: Moms of all ages

STARTING September 20

Contact leader for Zoom invite

Joyce Anderson 443-604-4470

Joining Jesus in the Gospels

Donna DeMattia & Bev White

In our time together, we will look at the four Gospels in chronological order to see what Jesus is up to. By asking the questions who, what, where, when, why and how, we will relate Jesus' teaching to our lives today.

When: Sunday mornings
Time: 9:40-10:40
Where: via phone conference call
Who: Women

START DATE: Postponed till further notice

Contact leader for more information

Donna DeMattia 301-788-2214 or panddmattia@comcast.net

Life Groups

Early Career Young Adults

Come fellowship and be poured into as we strengthen our bonds together as early career young adults. We will be focusing on uplifting one another in prayer, encouraging one another in our varied stages of life, and spurring one another on in being missional in our areas of influence. We will share a meal together during the first hour, followed by Bible study/discussion.

Contact: Kyle & Amanda Hughes

Amanda: 240-732-3044 or amandamhughes13@gmail.com

Kyle: 240-732-3046 or khughes1991@gmail.com

When: 2nd & 4th Mondays of the month
Time: 6:00pm Dinner on the back porch
7:00pm Study
Where: Damascus: Home of the Hughes (Meeting in person outside)
Who: Single or married young adults welcome

STARTING September 28

Grow Family Group

A lively group of young families with children who get together to support each other through life's challenges. And to stay focused on Joining Jesus on His Mission. Families will meet in small pods in mutually agreed upon safe environments once a month for the duration of the Co-vid restrictions.

Contact: Valerie Bartel 301-980-1031 or Valerie.bartel@redeemer.us

When: Once a month, date determined by each pod
Time: Varies according to each pod
Where: Homes or agreed upon safe locations
Who: Young parents, married or single

Mom's Rekindled

Twice a month Zoom gatherings in the evenings for moms or grand-mothers. Bible Study, special speakers, and fellowship.

Please register through Realm or call leader for a Zoom invite:

Allison Parelo 202-503-5097 or ajaire@gmail.com

Ramblers

An active group of 55 and older men and women who are looking for social activity and fellowship. Activities include quilting, trips, monthly luncheons, and informational meetings.

ALL ACTIVITIES TEMPORARILY ON HOLD. Contact a leader below for more information.

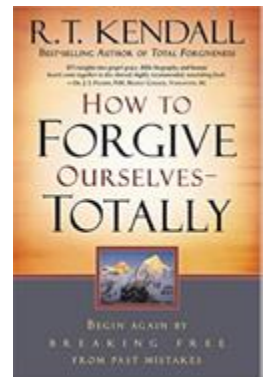
When: 1st Thursday Quilting: 9:30am-12:00 noon
2nd Thursday Program & Luncheon: 10:00-1:00pm
Where: Redeemer Lutheran Church
Who: Open to anyone who would like to join with our senior / retired members for fellowship and an activity. Quilters of any age are welcome.

Contact: Joanne Kessler or **Kathie Zimmerman**
(Joanne) 301-253-0335 kathie.zimmerman@gmail.com

Totally Forgiving Ourselves

"How do I forgive myself?" Discover the tools you need to put the past behind you.

In *How to Forgive Ourselves Totally*, R. T. Kendall has provided a clear and compelling book that puts before us the hope and possibility of experiencing incredible freedom and peace that can only come when we walk in total forgiveness. And we have not totally forgiven until we have forgiven ourselves as well as those who have hurt us.



Leaders: Pastor Ray Scheck, Mike & Janet Hoopes, and Steve Ellis
Contact the leader for a Zoom invite

When: Tuesday 10am-12noon
Contact: Mike Hoopes 202-834-6345 or jmhoopes@comcast.net
Wednesday 7:00-9:00pm
Contact: Steve Ellis steve.redeemercr@fastmail.com
Where: via Zoom
Who: Co-Ed

Bible Study: Epistle to Titus

We will study Paul's letter to Titus and learn what he still says to us today about standing for truth.

Contact: Jan Saxton 301-829-5240 thesaxtons@gmail.com

When: Wednesday mornings **Starting October 16**
Time: 9:30-11:00am
Where: Please contact the leader for current meeting location
Who: Co-Ed

Band of Sisters

An intimate group of women desiring deep fellowship with each other as together we explore God's presence in our lives through the study of His Word and prayer.

Contact: Valerie Hobbs 240-499-4259 or Valerie.hobbs@redeemer.us

When: Wednesday mornings year round
Time: 7:30-9:00am
Where: Via Facetime
Who: Women

Women's Life Group

An intimate group of women who gather for fellowship, prayer, and reflection on God's Word for their lives. Currently focusing on *It's Not Supposed to be This Way*, by Lysa Terkeurst. Learn how you can find unexpected strength when disappointments leave you shattered.

Contact leader for a Zoom invite:

Wanda Sloop: wanda@sloop.us

Rosemary Levy: rosemary921@gmail.com

Vicky McClure: cmvicky@verizon.net

When: Thursday
Time: 10:00-11:30am
Where: Via Zoom
Who: Women

Women's Life Group

An intimate group of women who gather for fellowship, prayer, and reflection on God's Word for their lives. Currently doing a book study by Derek Prince.

Contact: Joyce Anderson joyce.anderson@redeemer.us

When: Thursdays (this group is closed at this time)
Time: 8:00-9:00am
Where: Via Zoom

Bible Study for Moms

We are a group for Moms (whose children are all ages) that are looking for God's direction in raising our children, not the world's.

Contact: Erin Breedlove breedlove.e@gmail.com

When: Tuesday Bi-Weekly
Time: 7:00pm
Where: Starbucks in Mt. Airy
Who: Women any age

Men's Bible Study

Men who gather for fellowship, prayer, and reflection on God's Word for their lives.

Contact: Mark Neuberger markneuberger34@yahoo.com

When: Friday
Time: 6:00-7:00am
Where: Mt. Airy Inn
Who: Men

Alongsider Groups for Women Men's Discipling Groups

Are you desiring a closer walk with Jesus, but you don't know where to start? Would you like to understand what the Bible says and how to live according to the Scriptures? Redeemer's Men's & Women's Ministries have leaders willing to come alongside you. Very small groups of 2-4 people meet in groups specifically designed to meet individual needs.

If you would like more information, please contact:

Karl Madden Men's Ministry
240-626-9712
maddenkm@comcast.net

Valerie Hobbs Women's Ministry
240-499-4259
valerie.hobbs@redeemer.us

Waterboyz & Waterlilez

Men's and women's Bible study groups that meet in the community and are made up of people from a variety of local congregations. For more information on groups that are available near you please visit:
www.waterboyz.org or www.waterlilyz.org

Community Bible Study

For more information on groups that are available near you, please visit:
www.communitybiblestudy.org

If you would like more information, please contact **Janet Hoopes** 301-452-4687

Serving in Community

EACH OF YOU SHOULD USE WHATEVER GIFT YOU HAVE RECEIVED TO SERVE OTHERS, AS FAITHFUL STEWARDS OF GOD'S GRACE IN ITS VARIOUS FORMS.

1 PETER 4:10

Many of our service teams at Redeemer function as small groups whether they are short term or long. Scripture, prayer, and faith-strengthening fellowship characterize all our service teams.

***** Serving at Redeemer *****

Sunday Morning Worship Contact Jan Saxton thesaxtons@gmail.com

Acolyte

Communion Assistant

Reader

Usher - Contact Valerie Hobbs (valerie.hobbs@redeemer.us) or Mark Neuberger (markneuberger34@yahoo.com)

Nursery Coordinator - Contact Laura Taylor (betzakc3@comcast.net)

Communion to the sick and/or homebound - Contact Kathie Zimmerman (kathie.zimmerman@redeemer.us)

Sunday Morning Preparation & Clean up

Communion Glasses - Contact Jan Saxton (thesaxtons@gmail.com)

Provide Bread - Contact Jan Saxton (thesaxtons@gmail.com)

Altar Preparation - Contact Jackie Morcone (jackiemorcone@gmail.com)

Sunday School Substitute Teachers - Contact Kathie Zimmerman (kathie.zimmerman@redeemer.us)

Chair Set-up and Take-down - Contact Taina Schweitzer (ttschweitzer@gmail.com)

Guest Services - Contact Nikki Fischer (waquiltermom@mac.com)

Offering Counters, after 2nd service - Contact Pam Magnuson (Gpmagnuson@verizon.net)

Sunday Morning Worship AVL Contact Brett Barry- brett.barry@redeemer.us

Sermon Audio Recording

Worship Computer Operator, Sound Tech, Graphics Builder

Musician - vocal or instrumental

Testimony Video creation

Behind the Scenes Teams

Safety and Security - Contact Debbie Tomlinson (debtom3@msn.com)

Office Volunteer - Contact Jen Causey (Jennifer.causey@redeemer.us)

Property - Contact Debbie Tomlinson (debbi.tomlinson@redeemer.us)

Communications - Contact Pam Blodgett (pam.blodgett@redeemer.us)

Funeral Reception Team - Taina Schweitzer (ttschweitzer@gmail.com)

General IT - Contact Chris Sloop (cdsloop@aws.com)

Wednesday Evening Meal Preparation - Contact Karen Gammell (tkgammell@comcast.net)

***** Serving Locally & Nationally *****

Beacon House

A men's homeless shelter where we provide and serve a meal once a month.

Contact Paul Schweitzer (pcschweitzer@gmail.com)

Holiday Giving

Thanksgiving & Christmas dinner and gifts for local families in need.

Contact Jill Ochs (jillbochs@gmail.com)

Faith Connections

Serves local families in need.

Contact Debbie Tomlinson (debbi.tomlinson@redeemer.us)

Workcamp

A youth focused mission trip to revitalize poor communities.

Triple R Mission Ministry

Serving local and regional communities in need

Contact Karen Bransom (bransom@verizon.net)

Alabama

Disaster Response

Love Your Neighbor Projects

Mexico

A life changing evangelism mission trip.
Contact Elliotte or Laurie Want (wante@aol.com)

Nicaragua

A mission trip to serve the poor alongside our sister parish, Fe Y Esperanza.
Contact Peter Gammell (petergammell9490@mail.com) & Pastor Ray Scheck

Kenya – One Life Africa

Providing education and discipleship training to disadvantaged teens.
Contact Valerie Hobbs (valerie.hobbs@redeemer.us)

Going on Mission with Jesus

Missional Communities

Grandparenting

The greatest potential for discipling the next generation lies with grandparents. Come join a dedicated group of grandparents who meet occasionally to encourage each other in this most important ministry.

For more information, please contact:

Pastor Ray Scheck	Mike & Janet Hoopes
301-831-6176	202-834-6345

DeMattia Missional Community

Leaders: P. Ray Scheck, Donna DeMattia, & Mike Wade

When: Tuesdays Bi-weekly
Time: 7:00-9:00pm
Where: Via Zoom

Contact the leader for a Zoom invite

Donna DeMattia panddemattia@comcast.net

Triple R Ministry / Missional Community

Damascus area **Love Your Neighbor** program to provide work force helping neighbors in need. Watch announcements for opportunities or contact Karen Bransom.

For more information

Leader: Ellen Adams	Karen Bransom
301-758-6107	301-807-0492