

## **Family Hope**

Family Hope is locally located in Fulshear and their mission is to help hurting families through the Hope of God. One big way they help families is through food drives. Ways to get involved with Family Hope Food Fairs.

Second Saturday of each month, 6:40–10:30am Parkway Fellowship Church 27043 FM 1093, Richmond

Fourth Saturday of each month 6:40-10:30am St. Faustina Church parking lot 28102 FM 1093, Fulshear

Fourth Saturday of each month at 7:30am Knights of Columbus parking lot 703 Columbus Rd, Wallis

Family Hope collects the following items:

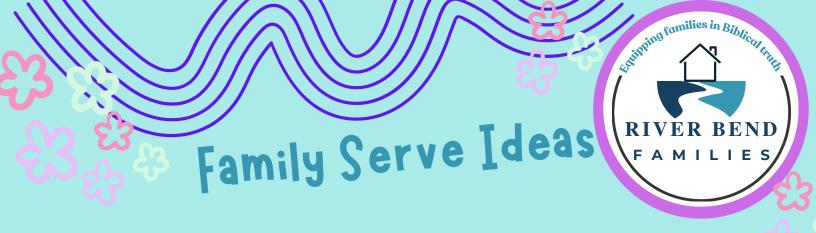
- -Furniture, mattresses, sofas and dressers
- -Quilts and kitchenware for families
- -Hygiene kits
- -Newborn Supplies: Pampers, wipes, new clothes.

To volunteer at Family Hope go to their website and fill out the volunteer form.

#### **Lunches of Love**

Lunches of Love, a non-profit organization, is committed to helping end childhood hunger in Fort Bend County by providing a free nutritious sack lunch during extended school holidays and weekends.

Families can help by decorating lunch sacks and packing lunches. All ages are welcome, and the best way to volunteer is to sign-up for a time slot on their <u>website</u>.



# **Clothed By Faith**

At Clothed By Faith our mission is to demonstrate God's love by providing gently-used clothing to those in need. They need all kinds of volunteers from folding clothes, organizing, and delivering clothing. Volunteers have to be older then 14 and they are open Monday-Friday. You can volunteer for one or more of these two hour shifts each day:

10 am - 12 pm | 12 pm - 2 pm | 2 pm - 4 pm

The Katy Location is located: 802 Dominion Drive, Suite 100-300, Katy, TX, 77450. Go to the Website for more information!

## **Special Pals**

For over four decades, Special Pals has been more than a shelter — we've been a safe haven, a second chance, and a driving force for change in Houston's animal welfare community. They need volunteers in Admin, playing/socializing with animals, animal transport and more! Volunteers have to be at least 12 years old. It is located on Greenhouse Rd.

Go to their Website for more information!

### **Houston Food Bank**

Around 1 million people in the 18 southeast Texas counties served by Houston Food Bank are considered food insecure, meaning they lack consistent access to enough nutritious food to fuel a healthy life. In order to address this issue, the Houston Food Bank distributes food and other essentials to those in need through a network of more than 1,600 community partners. In addition, we also provide programs and services aimed at helping families achieve long-term stability including nutrition education, health management, and help in securing state-funded assistance.

There are so many opportunities at the Houston Food Bank for families! There is no age limit either! Located in Downtown Houston, so you can make a whole day of it. Everyone needs a waiver from Online and you can find a schedule of opportunities <u>here</u>.