

## **Family Worship - Forgiveness**

Look up **1 John 1:9** in your Bible or Bible app.

When we have been disobedient to God, how do we receive forgiveness for our sins?

"If we confess our sins, he is and just and will forgive us our sins and purify us from all unrighteousness."

Does God forgive us of every sin?

Choose a song from the list below and listen to it, think about the lyrics, and maybe even sing along.

- "Forgiveness"
- "Jesus Paid It All"
- "Amazing Grace (My Chains...)"
- "Forgiveness"

Look up **Ephesians 4:32** in your Bible or Bible app.

What does this passage say about forgiving each other?

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

It can be hard to ask forgiveness. The person we have harmed may be angry, they may be disappointed in us, and the trust in our relationship may be broken. We are called to humbly ask forgiveness from God and from

others when we have done wrong. Equally as important is giving forgiveness. When someone has harmed us, we are to forgive them. Forgiveness provides the opportunity for healing to begin, trust to be rebuilt, and to not provide a foothold for anger and bitterness within our heart.

Think of some stories from the Bible where someone asked forgiveness for their actions. Here are a few ideas.

- Joseph forgives his brothers Genesis 50
- Esau forgives Jacob **Genesis 32-33**
- God forgives Jonah Jonah 2

- Father forgives prodigal son Luke 15
- Jesus forgives thief on the Cross Luke 22
- Jesus forgives Peter Luke 22

**Prayer:** Dear God, thank you for sending Jesus to die on the cross so that we can experience Your forgiveness through salvation. God, help me to be humble enough to ask forgiveness when I have harmed others and help me to follow your example and forgive others when they have harmed me. Amen.

