

Bless the Lord, O my soul, and do not forget all His benefits.

Hello God

Think of five things about God which make you smile.

Think of three things about God which make you glad He is your God.

Getting Started, Being Honest

Take a moment and ask Him to forgive you.

Ask Him to help you remember all the good things He has done for you.

Praise and Thanks

Take a moment and thank Him for all the good things He has done for you, those things Psalm 103:2 call "His benefits."

Here's a few to get you started: forgiveness of iniquities, healing of diseases, redemption from destruction, being crowned with lovingkindness and tender mercies, and satisfaction with good things.

Focusing Your Mind, Heart, and Spirit

Psalm 13:5

"But I trust in your unfailing love; my heart rejoices in your salvation."

God loves you so much, more than you could ever imagine, and He will never stop loving you. What peace and confidence this verse gives, knowing that our Heavenly Father will never remove His love for us. He will never abandon us.

Right now, ask God to help you feel His constant unchangeable love.

And because His love is never ending, His salvation will never fail. He loves you in spite of your shortcomings, doubts, and sins and because He loves you so richly, your salvation is secured by His love.

Think about the ways God has shown His love to you.

Pray God Size Prayers

Can you think of someone who has rejected God's love? Pray that God will soften their heart so they can experience His love.

Your Requests

Ask Jesus to help you tell someone today about Him.

Praying for Others

Today as you pray, make sure you spend time praying for your family, friends, and neighbors who don't know Jesus as their Lord and Savior. Ask God to reveal Himself to them in such a way they will ask Jesus to be their Lord and Savior.

Closing Thoughts

Can you sing this song?

Tis so sweet to trust in Jesus, just to take Him at His word.

Just to rest upon His promise just to know "Thus saith the Lord."

Jesus, Jesus, how I trust Him! How I proved Him o'er and o'er!

Jesus, Jesus precious Jesus! O for grace to trust Him more.

