

FAMILY PRAYER GUIDE #1

Jeremiah 29:12 ESV

Then you will call upon Me and come and pray to Me, and I will hear you.

Hello God

Close your eyes, bow your head, take a deep breath, hold just a moment, and as you exhale say, "Good morning God, thank you for meeting me."

Getting Started, Being Honest

Take a moment and ask God to forgive you.

When we come into God's presence it is important to have a clean spirit as we focus on Him.

Praise and Thanks

Psalms 150:6 ESV

"Let everything that has breath praise the Lord! Praise the Lord!"

- Praise God for your family.
- Praise Him for every member of your family.
- Praise Him that you are a part of your family.
- What other things can you praise God for?

Focusing Your Mind, Heart, and Spirit

Genesis 1:1 ESV

In the beginning, God created the heavens and the earth.

Colossians 1:16 ESV

For by Him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were created through Him and for Him.

From the mountains, to the oceans, to the desert, God's creation is on full display. What a beautiful marvel God's creation is! We are moved every time we look at it, if only we would just pause long enough and see the Creator behind the created.



Think about an amazing part of God's creation thank Him for it.

God not only created mountains, stars, planets, and tress; He created you. You are Unique, special, one of kind.

Take a moment and ponder the uniqueness of who you are. Not only are you unique, so is everyone, what a mind blowing thought. There has never been, nor will there ever be, two people who are 100% the same. Even identical twins are not 100% identical.

Do you know what that means? It means God loves everything that makes you so special.

Have you ever thanked God for making you, you? Do that right now.

Pray God Size Prayers

If God is the God of all creation, then God is big enough to answer your prayers. Even the really big ones!

Dare to pray for what only God can answer.

Your Requests

Pray for things happening in your life right now.

Praying for Others

It is easy to fill our prayer with things which impact us, but take a moment and pray for someone else.

Closing Thoughts

Jeremiah 29:11 ESV

For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope.

