



Family Devotional #3 – Behold Our Triune God

*Adapted from The New City Catechism (find out more here
- <https://newcitycatechism.com/new-city-catechism/#3>)*

Big Truth:

Q: How many persons are there in God?

A: There are three persons in the one true and living God: the Father, the Son, and the Holy Spirit. They are the same in substance, equal in power and glory.

Bible Focus:

"The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all." — 2 Corinthians 13:14

Let's Think About It:

The Trinity might sound like something only professors or pastors talk about. But knowing that **God is three in one**—Father, Son, and Holy Spirit—isn't just for theologians. It's for every Christian. It's for us.

Sometimes people talk only about "God and Jesus," as if the Holy Spirit doesn't matter. Other times they treat the Spirit like a vague force, or act as if the Father is distant and severe while only Jesus is kind. But the Bible never lets us separate or shrink any person of the Trinity.

Just look at this verse:

- **The grace of Jesus**—He came to rescue sinners.
- **The love of the Father**—He sent His Son out of pure compassion.
- **The fellowship of the Holy Spirit**—He lives in us and draws us close to God.

We **need** all three. And we **worship** all three.

We may never fully understand how God can be one and three. But mystery doesn't mean make-believe—it means majesty. Some things aren't meant to be dissected. They're meant to be *beheld*!

Think of a movie you love. Once someone explains all the camera tricks, it's not really the same. Explanations might satisfy the mind, but they rarely stir the soul.

The Trinity is not a problem to solve—it's a description of the God we worship. **Three Persons. One God.**



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Family Discussion:

Take turns answering these questions together:

- Why do you think some people forget or leave out one of the Persons of the Trinity?
- What's something you've learned or heard about the Father, the Son, or the Holy Spirit that you want to remember?
- How does it feel to know that God is not distant, but personal—Father, Son, and Spirit working together to love and save you?
- What are some ways we can worship all three Persons of the Trinity?

Try This Together!

Object Lesson – “Triangle Mystery”

Draw or cut out a triangle and label each corner: Father, Son, and Holy Spirit. Then label the whole triangle: GOD. Explain that each corner is fully and truly God, yet there is still only one triangle. This doesn't fully explain the Trinity—but it helps us think rightly.

Say together:

“God is one. God is three. God is worthy of our worship!”

Closing Prayer:

One person can pray, or take turns saying parts aloud: *“Father, thank You for loving us and sending Your Son. Jesus, thank You for dying for us and rising again. Holy Spirit, thank You for living in us and helping us follow You. Help us behold and worship You. Amen.”*