



Family Devotional #8 – Jesus Gets It

Adapted from *The New City Catechism* (find out more here
- <https://newcitycatechism.com/new-city-catechism/#22>)

Big Truth:

Q: Why must the Redeemer be truly human?

A: That in human nature he might on our behalf perfectly obey the whole law and suffer the punishment for human sin; and also that he might sympathize with our weaknesses.

Bible Focus:

"Therefore he had to be made like his brothers in every respect, so that he might become a merciful and faithful high priest in the service of God, to make propitiation for the sins of the people."

— Hebrews 2:17

Let's Think About It:

If Jesus was going to save humans, He had to become one.

That might seem obvious, but it's actually incredible: **God became human**. Not 50% God and 50% man—**100% God and 100% man**. That means Jesus didn't just float around looking holy. He got tired. He got hungry. He scraped His knees. He wept. He worked. He suffered. Just like us.

In the garden, the first man—**Adam**—disobeyed God. Because of that, all of humanity was affected by sin. But then came **Jesus**, the new and better Adam. He obeyed perfectly in our place, and through His obedience, we can be forgiven and made new.

But Jesus didn't just come to *fix* our problem. He came to *feel* it too.

That's why Hebrews says He was made "like us in every respect." When you feel hurt, confused, lonely, or weak—and you pray—Jesus doesn't just *listen*... He *understands*. He's been there.

Think about it:

- Have you ever felt betrayed? So did Jesus.
- Have you ever felt exhausted? So did Jesus.
- Have you ever cried? Jesus did too.
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He gets it. And when you pray in Jesus' name, you're praying to someone who isn't far away or emotionally distant. **You're praying to your Brother, your High Priest, and your Friend**—someone who knows what pain feels like and cares deeply for you.



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Family Discussion:

Take turns answering these questions together:

- Why is it important that Jesus was truly human—not just God in disguise?
- What are some hard things Jesus went through on earth?
- How does it comfort you to know that Jesus understands your struggles?
- What difference does it make to pray to someone who “gets it”?

Try This Together!

Object Lesson – “Barefoot Night”

Have everyone take off their shoes and walk across a slightly rough or cold surface (like concrete or tile – if you have rocks outside maybe use that). Then say: “Imagine telling your pain to someone who’s never walked on a floor like this. Jesus didn’t stay far away—He walked in our shoes. He *knows* how it feels.”

Say together: “Jesus gets it—because He became one of us.”

Closing Prayer:

One person can pray, or take turns saying parts aloud: *“Jesus, thank You for becoming one of us. Thank You for obeying perfectly and suffering for our sake. Thank You for being a Savior who understands us. When we feel weak or hurt, remind us that You are near. Amen.”*