



## Family Devotional #9 – Strong Enough to Save

*Adapted from The New City Catechism (find out more here  
- <https://newcitycatechism.com/new-city-catechism/#23>)*

### Big Truth:

**Q:** Why must the Redeemer be truly God?

**A:** That because of his divine nature his obedience and suffering would be perfect and effective; and also that he would be able to bear the righteous anger of God against sin and yet overcome death.

### Bible Focus:

*"God raised him up, loosing the pangs of death, because it was not possible for him to be held by it." — Acts 2:24*

### Let's Think About It:

We've learned that Jesus was fully human so He could obey God in our place and feel what we feel. But that's not the whole story. **Jesus is also fully God.**

That's really important—because only **God** could do what had to be done to save us.

Let's say someone wanted to lift a mountain. A kid could try. A strong adult might try. But no one—not even the strongest human—could lift it. They simply **aren't strong enough.**

Now imagine a weight even heavier than a mountain: **all the sin of the world.** All the disobedience. All the hate. All the lies. All the pain. Only someone perfectly holy, perfectly righteous, and perfectly strong could carry that. That someone had to be **God Himself.**

That's why Jesus' suffering **worked.** Because He was truly God, His obedience was perfect, and His death had real power. He didn't just die—**He defeated death.** Death couldn't hold Him. Sin couldn't stain Him. The grave couldn't keep Him.

And that's why you can trust Him. You're not putting your faith in a teacher, a prophet, or a wise man. You're putting your trust in the **Son of God**—the only one strong enough to save you.



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### Family Discussion:

Take turns answering these questions together:

- Why do you think Jesus had to be truly God—not just a really good person?
- What makes Jesus' death different from any other death?
- How does it make you feel to know death couldn't hold Jesus?
- Why is it important that Jesus is still alive today?

### Try This Together!

#### Object Lesson – “The Heavy Backpack”

Fill a backpack with something heavy (like books) and ask a child to lift it. If it's too hard, let a parent lift it with ease.

Say: “Sin is like this backpack—way too heavy for us to carry. But Jesus, because He is God, was strong enough to carry it for the whole world.”

Say together:

“Only God could carry our sin—and Jesus did!”

### Closing Prayer:

One person can pray, or take turns saying parts aloud: *“Jesus, thank You that You are not only truly human, but truly God. Thank You that You were strong enough to carry our sin, face God's justice, and defeat death forever. We trust in You alone to save us. Amen.”*