



## Family Devotional #10 – The Helper Who Never Leaves

Adapted from *The New City Catechism* (find out more here  
- <https://newcitycatechism.com/new-city-catechism/#36>)

### Big Truth:

**Q:** What do we believe about the Holy Spirit?

**A:** That he is God, coeternal with the Father and the Son, and that God grants him irrevocably to all who believe.

### Bible Focus:

*"And I will ask the Father, and he will give you another Helper, to be with you forever, even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you."*

— John 14:16–17

### Let's Think About It:

The Holy Spirit isn't a magical force like in a movie. He isn't just a feeling or a vibe. The Holy Spirit is a **person**—the third person of the Trinity. Just like the Father is God and the Son is God, **the Holy Spirit is God**.

Jesus promised that after He returned to heaven, He would send "**another Helper**"—someone just like Him—to live **inside** every believer. That Helper is the Holy Spirit.

Let that sink in: if you trust in Jesus, **God Himself lives in you**.

He's not just with you—He's **in** you. And He'll never leave.

The Holy Spirit doesn't control you like a robot, but He **guides you, comforts you, reminds you of truth, helps you pray, grows your faith, and gives you power to obey**. He changes your heart from the inside out—little by little, making you more like Jesus, to the glory of the Father.

Without the Holy Spirit, living a godly life would be impossible. But with Him? We have everything we need.



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### Family Discussion:

Take turns answering these questions together:

- Why is it important to know that the Holy Spirit is a person, not a force?
- What are some ways the Holy Spirit helps us?
- How can we learn to listen to the Holy Spirit's voice?
- How does it encourage you to know the Spirit will never leave you?

### Try This Together!

#### Object Lesson – “The Whisper Game”

Play a game of telephone. Whisper a kind or encouraging phrase around the circle. Then say:

“The Holy Spirit doesn’t shout. He often speaks in quiet, gentle ways—reminding us of truth, helping us know what’s right, and giving us strength to do it.”

Say together:

“The Holy Spirit is our Helper, and He lives in us forever.”

### Closing Prayer:

One person can pray, or take turns saying parts aloud: *“Holy Spirit, thank You for living in us. Thank You for guiding us, helping us, and reminding us of Jesus. Help us listen to Your voice and follow Your lead every day. Amen.”*