



Family Worship - Prayer

As we start today, choose a song from the list below and listen to it, think about the lyrics, and maybe even sing along.

- ["I Need Thee Every Hour"](#)
- ["Don't Stop Praying"](#)
- ["What a Friend We Have in Jesus"](#)
- ["Trust in God"](#)

As we prepare to discuss prayer, look up Philippians 4:6-7 in your Bible or Bible app.

Do you have a best friend? Do you enjoy talking with them regularly? Most people do. We like to share what is going on in our life. This provides a deeper connection with your friend.

Our relationship with God is no different. Yes, God knows everything, but prayer is a dialogue with God where we share with Him our thoughts, feelings, and fears. This practice of prayer strengthens our relationship with Him and puts us more in tune with His will.

One thing I love about prayer is that it can be done any time, anywhere, with simple words, even silently. God just wants to hear from us.

Here is a simple prayer tool using the the acronym ACTS.

A - Adoration - Praise God for being God, not because He's done something for you but just because He is the Creator of the universe

C - Confession - Reflect on how you have fallen short in God's eyes, ask for forgiveness, and repent...make a change with the hope of not doing it again.

T - Thanksgiving - Express gratitude to God for the many things He has done for you.

S - Supplication - This is a big word for asking things from God.

Prayer opens the door for God to focus our heart on Him and what He wants to accomplish through our circumstances.

Think of a time you have prayed and God fixed a difficult situation.

Think of a time you have prayed, and God walked with you and provided encouragement, strength, and comfort, like He did with Job.

Think of a time where your response to challenging times served as a witness to others, like Paul and Silas responded when they were in jail.

Think of a time where your testimony of God's faithfulness in "the valley" has encouraged someone else.

Prayer: Dear God, thank you prayer and the opportunity to dialogue with You. Help me to sit and listen for your will. Help me to obediently trust you in all circumstances. Place a spiritual thirst in my life so that I seek you regularly in prayer. Amen.

NEW TESTAMENT
Matthew
Mark
Luke
John
Acts
Romans
1 Corinthians
2 Corinthians
Galatians
Ephesians
Philippians
Colossians
1 Thessalonians
2 Thessalonians
1 Timothy
2 Timothy
Titus
Philemon
Hebrews
James
1 Peter
2 Peter
1 John
2 John
3 John
Jude
Revelation