



9 So then, there remains a Sabbath rest for the people of God, 10 for whoever has entered God's rest has also rested from his works as God did from his.

11 Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience.

You are called to rest. Finding that rest comes from obedience. God worked 6 days in creating the universe and then He rested. We are to do the same. Obeying His command to rest is an act of worship and will provide true rest. Strive to find the rest that empowers worship and protects you from the fatigue that comes from disobedience. Find true and deep rest in Jesus Christ!



Matthew 11:27-30 ESV

27 All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. 28 Come to me, all who labor and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For my yoke is easy, and my burden is light."

Jesus calls you to come to Him and find rest. He has done all the work needed for you to abide with God, be justified with God, and give you rest. Receive His invitation with gratitude and enter into the rest Jesus provides eagerly. It is dynamic in that some moments you rest from doing work and striving. Yet, in other moments you rest striving and working diligently. The key is being in Christ and worshiping God, trusting God, and living by God's provisions.



21 For to this you have been called, because Christ also suffered for you, leaving you an example, so that you might follow in his steps.

We are called to do good and endure suffering. This is shaping us into Christlikeness, glorifying God, and refining us. He suffered and left us an example of how to endure suffering in a glorious way. We pray to prepare. We pray and worship as we persevere. We give thanks and praise God as we are kept and experience rest. Pray that you would be kept to follow Jesus' example. Live in the rest that comes through Jesus Christ as you worship God alone!





26 For it was indeed fitting that we should have such a high priest, holy, innocent, unstained, separated from sinners, and exalted above the heavens.

You don't need a weak advocate and intermediary that makes you look ok, in comparison. You need a perfect high priest who is innocent, unstained, unlike you, and exalted to take the middle ground between you and God and advocate for you. Praise God for Jesus Christ who is perfect and does advocate for you. Find rest in Jesus Christ!



2 Corinthians 5:21 ESV

21 For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

God requires righteousness. You are unable to always be righteous, due to sin. So, God made the only righteous and perfect man who never sinned to be sin so that you might become the righteousness of God. You needed Jesus to be made right, and God accomplished that work in Jesus Christ for you. Worship God alone and find your rest in Jesus Christ. He is the only righteous one and you are in Him!