



21 DAYS

— OF PRAYER —
AND FASTING



OAKVIEW
CHURCH

21 DAYS OF PRAYER AND FASTING 2026:

PRAYING THROUGH COLOSSIANS

Praying through Colossians at the beginning of 2026, we want to invite you to join us as we devote ourselves to prayer. These days of prayer and fasting have become some of the most important and impactful days for our church. We believe that prayer is the great privilege of those who, by faith in Jesus, have been reconciled to God. Prayer is not simply the means by which we receive something from Jesus. It is the glorious opportunity for us to approach the throne of grace and seek the face of our Redeemer. In prayer, we seek and see him—gazing on his face, not just searching for his hand. With him clearly in view, our prayers become a response to his glory and goodness, not just a reaction to our need or want. For the next 21 days, we will walk through the book of Colossians and let the Word of God lead our praying. Each day, we will focus on a few verses. We'll provide some encouragement and a few prayer points from the passage. As you pray, ask the Holy Spirit to lead you. You might also make a list of needs and requests that you want to bring to the Lord during these 21 days. We would also like to encourage you to find other times to read through this little book. It's only four short chapters. You might make this a part of your fasting days, feasting on the Word instead of eating lunch. Maybe you could listen to it on a Bible app as you drive to work. Read it together as a family in the evening. And as you read, look for Jesus. Colossians is rich and sweet, as it calls out the greatness of our Savior. We are reminded that Jesus is supreme and preeminent. He is first and greatest—above all, in all, over all. Jesus is more than enough. He is sufficient, full, and complete. So as we fast during these 21 days, let us pull up to the table and feast on Jesus, asking God to fill us up with all that Jesus is, and then look to him to do all that he came to do in us and for us and through us.

DAY 1: JANUARY 4TH

“We always thank God, the Father of our Lord Jesus Christ, when we pray for you, since we heard of your faith in Christ Jesus and of the love that you have for all the saints, because of the hope laid up for you in heaven. Of this you have heard before in the word of the truth, the gospel, which has come to you, as indeed in the whole world it is bearing fruit and increasing—as it also does among you, since the day you heard it and understood the grace of God in truth.”- Colossians 1:3–6 (ESV)

Our hearts are filled with gratitude because of God’s great grace poured out on us in Jesus. We are strengthened and encouraged as we see the gospel bear fruit in the lives of those who hear and believe. It is a gift to be part of the family of God.

1. Thank God for the body of Christ, especially your brothers and sisters at Oakview Church.
2. Ask God to grow you and our Oakview family in faith, hope, and love that come in Jesus.
3. Pray that God would add more to our family as others hear the gospel and understand the grace of God

DAY 2: JANUARY 5TH

“And so, from the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, so as to walk in a manner worthy of the Lord, fully pleasing to him: bearing fruit in every good work and increasing in the knowledge of God; being strengthened with all power, according to his glorious might, for all endurance and patience with joy; giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.”- Colossians 1:9–12

How gracious and good is our God! He has given us a glorious inheritance in Jesus. Thank him today that Jesus is more than enough to satisfy our hearts and fill us with everything we need to live for him.

1. Ask God to grant you, along with your brothers and sisters in Christ, full knowledge of his will in all spiritual wisdom and understanding.
2. Pray that, by his Holy Spirit, he would empower you to walk in a manner worthy of the Lord.
3. Ask God to grant missionaries and church planters strength and power to serve faithfully, enduring hardship with joy

DAY 3: JANUARY 6TH

“He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins.”- Colossians 1:13–14

We have a Savior who is more than able to rescue and redeem us. By his great power, he conquered the Enemy and delivered us from darkness. Jesus is our King.

1. Because he redeemed you by his great power and outstretched arm, express your joyful praise.
2. Pray that the Holy Spirit would empower you to walk in freedom and no longer in bondage to sin. Confess any sin God reveals and give thanks for the forgiveness he promises.
3. Pray that high school and college students would be delivered from sin and walk in the light of Jesus

DAY 4: JANUARY 7TH

“He is the image of the invisible God, the firstborn of all creation. For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were created through him and for him. And he is before all things, and in him all things hold together.”- Colossians 1:15–17

There is no one like Jesus. He is the Alpha and the Omega. His power and greatness are unmatched. What incredible confidence and hope we have in knowing that in him, all things hold together.

1. Ask God to open your eyes to see and savor his glory revealed to us in Jesus.
2. Thank God that all things were created by Jesus and for him, and that he alone sustains all things.
3. The One who holds all things together cares for you, so cast your anxieties and cares on him. Lift up the needs of your brothers and sisters who are hurting

DAY 5: JANUARY 8TH

“And he is the head of the body, the church. He is the beginning, the firstborn from the dead, that in everything he might be preeminent. For in him all the fullness of God was pleased to dwell, and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross.”- Colossians 1:18–20

There is no one greater than Jesus. He is the head of the church, the beginning and the end of all things. Jesus, the fullness of God, came to rescue us.

1. Pray that as his body, we would live in submission to Christ as our head. And pray that our leaders would lead from a posture of humility and submission to Christ as the head of the church.
2. Pray that he would reveal any place where Christ is not first in your life, your family, your work, etc. Ask him to lead you in repenting.
3. Because we have been reconciled to God by Jesus, ask God to bring reconciliation and restoration to all your relationships. Pray for the unity of the body of Christ

DAY 6: JANUARY 9TH

“And you, who once were alienated and hostile in mind, doing evil deeds, he has now reconciled in his body of flesh by his death, in order to present you holy and blameless and above reproach before him, if indeed you continue in the faith, stable and steadfast, not shifting from the hope of the gospel that you heard, which has been proclaimed in all creation under heaven, and of which I, Paul, became a minister.”- Colossians 1:21–23

There is no greater love than that of Jesus, who laid down his life for our salvation. Even when we were dead in our sin, he made us alive because of his great mercy and love.

1. Give thanks to God for Jesus' all-sufficient sacrifice for your sin.
 2. Pray that as reconciled sons and daughters, we would walk in holiness and obedience to God.
 3. Ask God to use you to urge others to stand firm in the hope of the gospel.
- Who is he calling you to encourage today?

DAY 7: JANUARY 10TH

“Now I rejoice in my sufferings for your sake, and in my flesh I am filling up what is lacking in Christ’s afflictions for the sake of his body, that is, the church, of which I became a minister according to the stewardship from God that was given to me for you, to make the word of God fully known, the mystery hidden for ages and generations but now revealed to his saints.”-

Colossians 1:24–26

Because he suffered for our sake, Jesus is worthy of our sacrifice and service. Jesus died for us, and now we willingly lay down our lives for the sake of others. We are called to make the gospel known, no matter the cost.

1. Thank God for those who sacrificed their comfort so that you might know Christ and grow as a disciple.
2. Ask God to show you what sacrifices he is calling you to make so that others might hear the gospel. Pray for faithful endurance as you follow the Holy Spirit.
3. Pray that God would lead us in caring for the homeless, orphans, prisoners, unwed mothers, and at-risk kids in our communities.
4. Pray that we would faithfully advocate for the sanctity of all life and serve the least of these, even when it is costly

DAY 8: JANUARY 11TH

“Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature in Christ. For this I toil, struggling with all his energy that he powerfully works within me.” Colossians 1:28–29

There is no other Savior, only Jesus. We lift him up. He alone is the way, the truth, and the life.

1. Pray that God would give us courage to faithfully proclaim Christ and love our neighbors, even when it is difficult. Ask God to show you where and how he is calling you to live this out.
2. Ask God to open doors and provide resources so that we might reach more of our city with the good news of Jesus.
3. Pray that God would transform us and our nation, bringing reconciliation and healing in communities divided by race, politics, and other differences

DAY 9: JANUARY 12TH

“For I want you to know how great a struggle I have for you and for those at Laodicea and for all who have not seen me face to face, that their hearts may be encouraged, being knit together in love, to reach all the riches of full assurance of understanding and the knowledge of God’s mystery, which is Christ, in whom are hidden all the treasures of wisdom and knowledge.”-

Colossians 2:1–3

All the riches and fullness of the wisdom and knowledge of God are in Christ. Oh, what encouragement and assurance are ours as we grow to understand all he has for us in Jesus!

1. Thank God for those who labor and struggle for your encouragement and growth in Christ.
2. Ask God to use you to bring encouragement and assurance to the hearts of your brothers and sisters.
3. Pray that in Christ, our church would be unified, knit together in love

DAY 10: JANUARY 13TH

“Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.” Colossians 2:6–7

By faith, we receive Christ Jesus the Lord. He alone can sustain and strengthen and establish us. We abide in him and rely on him because apart from him, we can do nothing.

1. Pray that God would lead you by his Spirit to walk in step with Christ.
2. Ask God to help you develop disciplines that deepen your roots and relationships that build you up. What steps is he calling you to take today?
3. Pray that God would use you to lead and disciple the next generation.
4. Pray that thousands of children and students would receive Christ Jesus the Lord and walk with him all the days of their lives

DAY 11: JANUARY 14TH

“See to it that no one takes you captive by philosophy and empty deceit, according to human tradition, according to the elemental spirits of the world, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have been filled in him, who is the head of all rule and authority.” Colossians 2:8–10

In Christ, all the fullness of God dwells in bodily form. There is no lack, no deficiency in Jesus. In Jesus, God has come to dwell in us and fill us. What joy!

1. Praise God that Jesus became flesh so that we might behold his glory, full of grace and truth.
2. Ask God to give you his wisdom and keep you from futile and foolish thinking.
3. Lift your concerns to him and rest in his sovereign rule and authority over all things.

DAY 12: JANUARY 15TH

“And you, who were dead in your trespasses and the uncircumcision of your flesh, God made alive together with him, having forgiven us all our trespasses, by canceling the record of debt that stood against us with its legal demands. This he set aside, nailing it to the cross. He disarmed the rulers and authorities and put them to open shame, by triumphing over them in him.”- Colossians 2:13–15

Jesus. More than able to save. More than willing to forgive. More than enough for our redemption. Jesus is so much more. What an amazing Savior we have!

1. Give thanks today that God made you alive in Christ and forgave all your sin.
2. Pray that the Holy Spirit will free you from all guilt and shame over sins of the past.
3. Ask God to help you use his Word and the truth of the gospel to encourage others

DAY 13: JANUARY 16TH

“If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth. For you have died, and your life is hidden with Christ in God. When Christ who is your life appears, then you also will appear with him in glory.”- Colossians 3:1–4

In Christ, we are citizens of another kingdom—a better kingdom, an eternal kingdom. Our hope is not in this world or in the things of this world. And our calling is to seek first his kingdom and his righteousness, trusting him to supply all our needs.

1. Ask God to uncover where you are loving the things of the world. Pray he would lead you to specific steps you need to take to seek his kingdom first.
2. Pray that he would help you fill your mind and heart with his Word, as you set your mind and heart on Jesus and on eternity.
3. Rejoice because he is coming again, and we will be with him in glory forever

DAY 14: JANUARY 17TH

“Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these the wrath of God is coming. In these you too once walked, when you were living in them. But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth. Do not lie to one another, seeing that you have put off the old self with its practices and have put on the new self, which is being renewed in knowledge after the image of its creator.”- Colossians 3:5–10

We must be killing sin or it will be killing us. Jesus offers us so much more than the passing pleasures of sin. He calls us to full joy in his presence and eternal pleasures at his right hand.

1. Ask God to speak clearly about any area where you are considering or are engaged in any idolatry and sin.
2. Ask him to lead you in active repentance, putting to death and putting away these things.
3. Pray that by his Spirit and his Word, God would renew your mind and transform your behavior

DAY 15: JANUARY 18TH

“Put on then, as God’s chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. And above all these put on love, which binds everything together in perfect harmony.” Colossians 3:12–14

As children of God, we are chosen and loved. Oh, the greatness of his love and compassion for us! Now, the call to us is to love one another, just as we have been loved.

1. Ask God to give you a heart of compassion and kindness.
2. Pray that, at Oakview, we would be a people who bear with one another and freely forgive.
3. Ask the Holy Spirit to lead you in knowing how you can actively “put on” love and clothe yourself with humility. Pray that he would root out all pride.

DAY 16: JANUARY 19TH

“And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.”- Colossians 3:15–16

The peace of Christ is rich and full, more than able to overcome every fear and anxiety. Jesus speaks his peace to us in his gospel. And when our hearts are saturated with him, what we say and do becomes a source of blessing to others.

1. Pray that the peace of Christ would govern your heart and bring oneness in your relationships, especially in the body of Christ at Oakview Church.
2. Ask God to fill your mind and heart with the “word of Christ,” the gospel of Jesus.
3. Pray that our mouths would be filled with praise, thanksgiving, and gospel encouragement to the ends of the earth.

DAY 17: JANUARY 20TH

“Wives, submit to your husbands, as is fitting in the Lord. Husbands, love your wives, and do not be harsh with them. Children, obey your parents in everything, for this pleases the Lord. Fathers, do not provoke your children, lest they become discouraged.”- Colossians 3:18–21

Jesus, the high and exalted One, willingly laid down his life for us. Because we’ve been loved like that, we ought to manifest that same humility and love in our families.

1. Pray that our marriages and families would be pictures of the gospel, fueled by the love the Father has lavished on us in Jesus.
2. Ask God to protect marriages and bring unity in our homes, causing us to overflow with love for each other.
3. Pray that parents would be led by the Spirit as they lead and disciple their children. Pray that children would honor and obey their parents.

DAY 18: JANUARY 21ST

“Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.” Colossians 3:23–24

Because Jesus is supreme, he alone is worthy of our lives and our labor. We serve the Lord Jesus Christ, who promised to reward those who earnestly seek him. Our labor is not in vain.

1. Thank God for the gifts, abilities, and opportunities he has given you (and our church family) for serving him.
2. Pray that we would all be diligent and wholehearted in all we do for the sake of our Savior.
3. Ask God to give you the heart of a servant, willing to go wherever he tells you to go and do whatever he tells you to do.

DAY 19: JANUARY 22ND

“Continue steadfastly in prayer, being watchful in it with thanksgiving. At the same time, pray also for us, that God may open to us a door for the word, to declare the mystery of Christ, on account of which I am in prison—that I may make it clear, which is how I ought to speak.” Colossians 4:2–4

Prayer is both a privilege and a necessity. It is essential for our perseverance in faith and for our witness to the sufficiency of Christ. The aim of our prayers is that the glory of Jesus might be made known.

1. Ask the Holy Spirit to lead us to be a people who always pray and never give up.
2. Pray for pastors, church planters, and missionaries—ask God to open more doors for the gospel to be preached.
3. Ask God to show you where he is leading you to testify about Christ and pray that he would help you be clear and bold.

DAY 20: JANUARY 23RD

“Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.”- Colossians 4:5–6

We are surrounded by many who are outside of the love of God. We need wisdom to know how to engage with them and talk to them in ways that demonstrate God’s love for them.

1. Pray that God would open your eyes to see those around you who are not yet in Christ.
2. Ask God to help you evaluate your schedule and activities to make margin for ministry.
3. Pray that God would prepare you to speak grace and truth clearly and with compassion.

DAY 21: JANUARY 24TH

“Epaphras, who is one of you, a servant of Christ Jesus, greets you, always struggling on your behalf in his prayers, that you may stand mature and fully assured in all the will of God. For I bear him witness that he has worked hard for you and for those in Laodicea and in Hierapolis.” Colossians 4:12–13

Prayer is a powerful tool God has given us for the advancement of his kingdom. Thank him today that he hears and answers our prayers in ways that are more than we could ever imagine.

1. Ask God to raise up many more in our church who would be faithful to struggle in prayer for all the blessing of God that is in Christ Jesus. Is he calling you to be one of those?
2. Pray for your brothers and sisters by name, that by his Spirit they would “stand mature and fully assured in all the will of God.”
3. Ask God to give us all a mind and heart to work hard for the sake of his kingdom and pray that we would be diligent in responding to his call.

21 Days of Prayer & Fasting with kids

We talk WITH God through Prayer

WOW— I'M SORRY— THANK YOU— HELP

As you focus on an intentional time of prayer over the next three weeks, this calendar can help you to include kids under your care in the practice. Place this page in a visible spot in your home to encourage family participation.

January 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4 THANK YOU Thank God for Your church family	5 HELP Ask God to help you know Him more	6 HELP Ask God to help you see sin like he does	7 WOW Praise God because he created all things	8 WOW Praise God because he is the beginning & the end	9 I'M SORRY Admit to God you have chosen your way over his & ask for- giveness	10 THANK YOU Thank God for those who teach you about him
11 WOW Praise Jesus be- cause He is the only way, truth and life	12 HELP Ask God to encourage others through you	13 HELP Ask God to help you follow Jesus	14 THANK YOU Thank God for the gift of Jesus	15 THANK YOU Thank God for the forgiveness of sin	16 I'M SORRY Ask God to show you your sin & lead you away from it	17 HELP Ask God to lead you by His Spirit & his word
18 HELP Ask God to give you a heart of kindness	19 HELP Ask God to fill your mind & heart with his word	20 THANK YOU Thank God for the adults who care for you & point you to him	21 THANK YOU Thank God for the special way He made you in his image	22 HELP Ask God to give you a love for prayer & help you never give up	23 HELP Ask God to give you wisdom to understand his word & share it	24 THANK YOU Thank God for hearing & answering prayer
25	26	27	28	29	30	31