

## '8 Ingredients for Authentic Happiness: Meekness' Matt. 5:5

Series title: What does it mean to live a good life?

Many of us may need to re-learn what meekness means. The world has one definition of being meek: like some weak-willed wimp, who lets others walk all over you. Then there is the biblical definition of meekness, that's the one we want to know.

### I. What does it mean to be 'meek'?

A. If you want to be a radical today, follow Jesus' teachings, they are so counter-cultural; while the rest of the world has such a herd mentality, following the old, worn-out, regressive ideas of the past, that never have really worked.

B. Meekness: '*praos*': means 'mild, gentle.' It was used to describe a wild horse that was now trained.

C. Humility lies underneath all these first three beatitudes, but their focus is different.

D. Meekness has always been the way to be in the whole Bible. It didn't start with Jesus. OT- Job 5:11, Num. 12:3, David and the Psalms. NT- Mt. 5:5, 2 Cor. 10:1, Col. 3:12

E. Meekness does not mean weakness. Meekness means \_\_\_\_\_ under control. Meekness is the magnet that attracts God's blessings. Meekness is the opposite of violence and seeking revenge. Meekness is not cowardice. Meekness is power that is surrendered to God's control.

### II. What is the result of being meek?

You'll be blessed! God gives the meek His own joy, he's blessed and specifically, it says they will inherit the earth. It will be part of our inheritance! It will be paradise regained! We won't be like ghosts floating around for ages, we will have brand new physical bodies living in a new heavens and new earth! Don't miss out on this!

### III. Why is meekness necessary?

A. It is necessary because for one, it is commanded, such as in Zeph. 2:3.

B. It is necessary for salvation. Only the \_\_\_\_\_ belong to the King - Ps. 149:4.

C. It is necessary for effective evangelism. A humble life adorns the message.

D. It is necessary because it gives glory to God. But pride seeks its own glory. Rom. 15:5-7

E. It is necessary for healthy and happy relationships.

In this age of rage we are in these days, the importance of love cannot be overemphasized. Jesus said the mark of His disciples was \_\_\_\_\_. The greatest description of love ever penned, found in 1 Cor. 13:4-8, describes well what meekness in a person looks like.

A meek person has power surrendered for God's use. A meek person is patient and loving. A person who is meek is living a very thankful, positive, winsome life that gives all the glory to God.