

'Do Not Be Anxious' part one Matt. 6:25

I. Did you ever find yourself saying: Why did I worry so much?

A. Each day seems to bring with it new chances to worry, about almost anything and everything. Notice what He says: '*do not be anxious about your life.*' God does not want you to worry about your life. He says: '*cast all your cares upon Him, because He cares for you.*' 1 Pet. 5:7

B. Jesus gives _____ verses to this subject in His sermon, more than on any other subject in this message except for on prayer, which reminds us that of course, praying in faith is the antidote to worry. I wonder if when we get to heaven if we'll look back over our lives and say: why did I worry so much?

II. Jesus wants to set us free from worry.

The purpose of this section of Jesus' sermon is to set us free from worry. He wants to show us why we don't need to worry. It's not so much a rebuke as it is an encouragement. What Jesus wants us to do with our worry is to transfer it all to Him.

Worry can be like a bridge you pass over, not a place to put down roots and live there.

III. Your heavenly Father accepts loving ownership of your life.

A. God wants to take responsibility for everything we worry about. Who made you? Did you create yourself? Did you bring yourself into this crazy world? No! God made you.

God has a _____ plan for your life.

B. The purpose of your life is God's business. He has a plan for our lives and He will show us His will, if we will only listen and do it, without trying to take the controls out of His hands. God asks us if we trust Him. He says He loves us, greatly loves us, with an everlasting love.

IV. Jehovah Jireh

A. Since God brought you into this world, He certainly knows what you need to stay alive so Jesus is saying that God will take responsibility to keep you alive with life's basic necessities.

B. Jesus is saying: don't worry. God will provide. *Jehovah Jireh*- 'the Lord will provide'. Gen. 22:14
What was David's testimony on this? Ps. 37:25 Or Paul's? - Phil. 4:19

C. Your life is in God's hands! The length of your life is in His hands. What does He say: who can add even one hour to their life by worrying? You can't! Jesus is saying He will look after us. He is saying to let Him worry about these things. He wants to take worry out of your hands.

By prayer, transfer all your _____ to Him and leave them there.

D. God simply does not want us to worry. He wants to set us free from it. He wants us to trust Him and then do whatever He shows us to do or that we know we should be doing.

God wants us to take Him seriously by accepting His offer to wisely take care of us. Isn't that good?

We need to learn to let Him do that.