

News From The Good Shepherd



Dear Friends in Christ:

Several folks have asked for a copy of my blessing that I have been praying at end of each liturgy. So for this month's newsletter, here it is with another one that I find beautiful as well.

***“Do not be dismayed by the brokenness of the world.
All things break.
All things can be mended.
Not with time but with intention.
So go forth . . .
Love intentionally,
Extravagantly,
Unconditionally,
The broken world waits in darkness for the light that is you.”***
——L. R. Knost

***“Life is short,
And we do not have much time
to gladden the hearts of those
who make the journey with us.
So be swift to love,
and make haste to be kind.
and the blessing of God,
who made us, who loves us,
and who travels with us
be with you now and forever.” AMEN***

——Henri Amiel and Elizabeth Cottrell

Faithfully,

A handwritten signature in black ink, appearing to read 'Dana' with a stylized flourish.

**The Episcopal Church of the
Good Shepherd**
1130 Webster Road
Wester NY 14580

gswebsterny@gmail.com

(585) 872-2281

Episcopal Diocese of Rochester
The Rt. Rev. Kara Wagner Sherer

Rector

The Rev. Lance D. Robbins
lancerobbings@gmail.com
(585) 739-2281

Deacon

The Rev. Roch Whitman
(585) 313-8427

Deacon Emeritus

The Rev. Barbara Fornalik
(585) 216-2121

Music Director/Organist

Dr. Karyn Robbins
gswebsternymusic@gmail.com
(585) 787-1852

Administrative Assistant

Debbie Markowitz
(585) 872-2281

Senior Warden

John Trompeter
585-478-2260

Junior Warden

Dawn Wilkins
585-748-8969

Good Shepherd Webster



@FrLanceRobbins



GOOD SHEPHERD VESTRY

By John Trompeter
Senior Warden

The Vestry resumed our monthly meetings in September after the summer break. We have begun the budget planning process for 2027, and we hope to complete this process in October.

As noted in our last update, the HVAC system has been completed. We are hoping our new system will help prevent the degree of ice build up that we have experienced over many years. We are also anticipating lower utility bills with the new system.

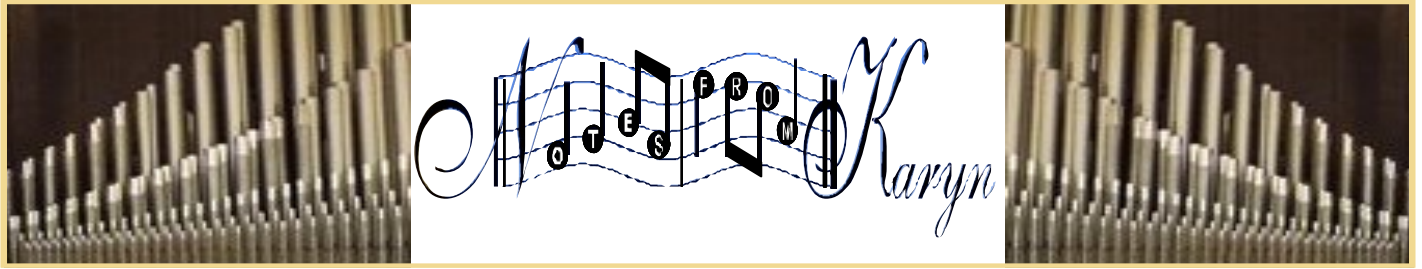
We also discussed the parking lot and have decided to wait until spring/summer of 2027 due to it is late in the year for redoing the parking lot as well as the cost for asphalt. The cost to repave the parking lot is expected to be around \$70,000. This sum will be included in our budget planning for 2027.

Good Shepherd remains on solid financial ground thanks to your continued support. I assure you all that we are very mindful with our budget planning for 2026 and in the coming weeks you will be hearing more information.

Your Vestry will be hosting a Thanksgiving Dinner with all the “fixings” on Saturday November 20. Meal will be served starting at 2:00PM. We will have a sign up in the Narthex in the next week or two. Please come and enjoy a meal and visit with friends.

The Vestry’s next meeting is scheduled for Tuesday October 20 at 6:30 PM.





Need help to find a good home!!

Barbara Killian is looking to give away her Estey pump organ to a good home. It came from a chapel in Michigan. She played the organ for liturgies at an Episcopal church camp chapel. When they decided to put in an electronic organ, the Bishop of Michigan's Upper Peninsula gave the pump organ to Barbara.

It is a reed organ, so never needs tuning. It is in excellent condition. If it is something you can't take, possibly you have ideas on someone who would want it. Please let me know. It is a lovely instrument.



A MEAL & MORE

by Debra Nelson
Meal & More, Inc.
Christ Church Rochester
141 East Avenue
Rochester, NY 14607

MISSION STATEMENT: A MEAL AND MORE, INC. serves Rochester city residents by providing homecooked meals in a safe, welcoming, family dining environment that promotes dignity, respect, and connection for anyone in need. We are located at Christ Church, Rochester.

AT GOOD SHEPHERD, HOW DO WE SUPPORT MEAL AND MORE, INC. ?

We volunteer at Christ Church where Meal & More is located on Wednesdays. Debra Nelson is the Group Leader. 8 volunteers work that day.
We volunteer on the 1st Sunday of the month. Carol Wawryzcki is the Group Leader. 8 volunteers work that day.
We volunteer on the 3rd Sunday of the month. Kim Yourch is the Group Leader. 8 volunteers work that day.
Volunteers set tables, help prepare meals, serve guests, and clean up afterward.
Sometimes Volunteers ages 17–18 join us when they are accompanied by an adult and with a signed permission slip.
We have a lot of fun working together!
We wear M&M tee-shirts and hats!
We typically serve 60 to 120 guests at each meal.
We refer guests to agencies that provide emergency shelter, public assistance, or job opportunities.
We apply for private and government grants.
We ask for donations from local businesses and individual donors.
We help feed people by making a tax-deductible contributions through PayPal, credit card, check, or United Way (please visit the A Meal and More website for details).
We also donate through Good Shepherd by write a check to Meal and More, Inc. and giving it to Fr. Lance.
We pray for our guests and with our guests.
We donate food and gift cards.
We teach our kids about unhoused people and food insecurity in Sunday school.
We treat our guests with respect and dignity. We share our faith and friendship.

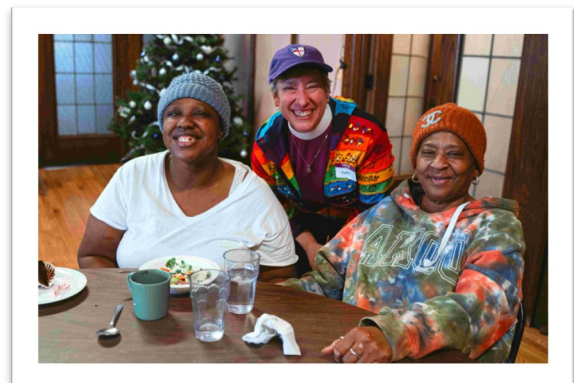
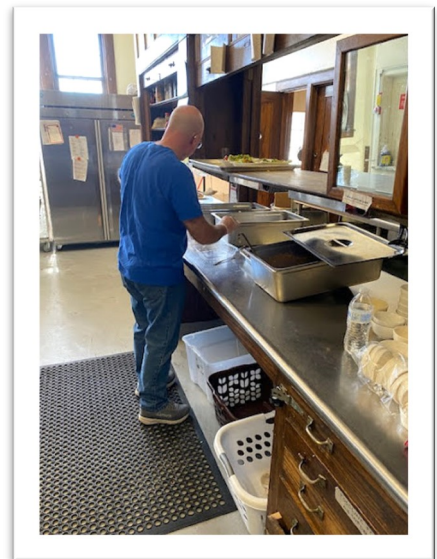
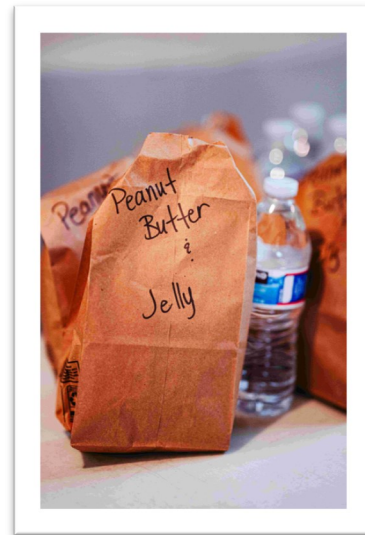
Your support can make a meaningful difference. Please help us stock the pantry and share this request with friends, family, and colleagues. A Meal and More is especially hoping for:

Cavatappi Pasta
Spiral Multicolor Pasta
Juice boxes or Capri Sun (for our bag lunches)
Any type of mints or Andes chocolate/mint!
Handi Wipes

LANDING PAGE (to sign up to volunteer)

<https://amealmoreinc.volunteerlocal.com>







OUTREACH
at Good Shepherd
Community Dinner Update
 by Yvonne Arnold

Churches Offering Meals for Everyone (COME) is the name of a collaborative effort by four Webster churches providing free meals, served restaurant style, open to anyone who wants to attend. Each participating church serves a meal once a month. The sponsors are:

St Rita's, 1008 Maple Drive at 5pm although the dates vary from month to month.

Call [585-671-1100](tel:585-671-1100) for more information

The Gathering Place (United Church of Christ), [570 Klem Road 4:30](tel:585-667-0411) PM second Sunday of the month Call [585-667-0411](tel:585-667-0411) for more information

Webster Methodist Church, 169 E Main Street 4:30 PM - Third Saturday of the month. Call for [585-265-9720](tel:585-265-9720) more information

Episcopal Church of the Good Shepherd, [1130 Webster Road](tel:585-872-2281) 5 PM - Last Friday of the month Call [585-872-2281](tel:585-872-2281) for more information. We welcome anyone from Good Shepherd who would like to attend.

For nearly two years, it has been a joy to welcome and become acquainted with our guests; their smiling faces are a gift. An opportunity for socialization and fellowship as well as a hearty dinner, the meals in November and December are rescheduled to avoid conflicts with holidays.

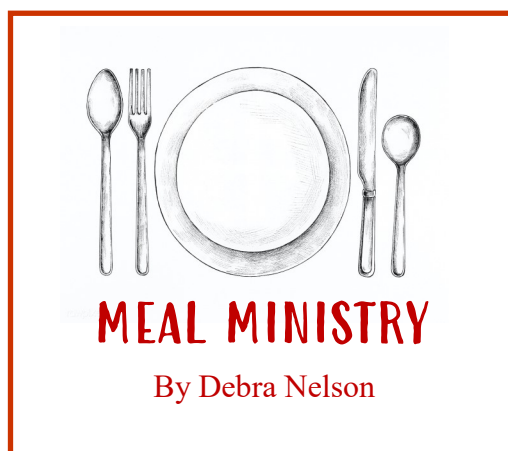
Attendance averages between 30 - 40 guests per month with both new and familiar faces. During the school year, student volunteers from Thomas High School National Honor Society help set, serve food and clear tables. Their help allows food to be brought directly to the tables.

Meals include a homemade entree or occasionally pizza, along with salad, fruit, and dessert. Leftovers are available for guests to take home. Meals are also available for takeaway.

Thank you for your continuing support.



COMMUNITY DINNER



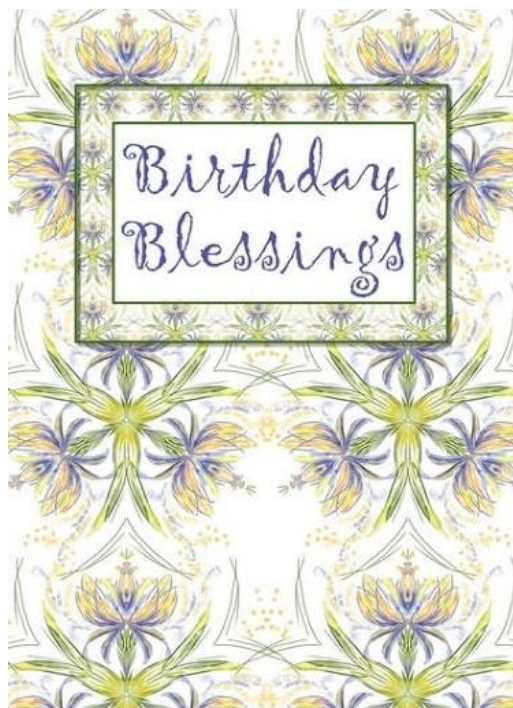
Preparing a meal is often one of the hardest things to do for a member of our parish family who is homebound. After an accident, surgery, or illness, and many other situations, planning, shopping for and cooking is just too hard!

We use the online service www.takethemameal.com to coordinate meal preparation and delivery. Volunteers first receive an email from buttler1@hotmail.com introducing the recipient, explaining their situation, and sharing the schedule. Volunteers then choose a date and note the meal they plan to provide. Take Them A Meal will send an automatic reminder.

We can also choose to do something else for the person who is out of action. That is appropriate and a great help if you don't mind doing so. For example, they may not want a meal but want a few things from the store, a meal or 2 from a restaurant, or a little help with something else. It is completely up to the volunteer what they can or cannot agree to do.

Please give me a call or text if you want to get involved – as a volunteer or a receiver of this wonderful service! Thank you! Contact Debra Nelson: [\(585\) 261-9570](tel:5852619570)

Ellen Uhal	11/02
Carol Markham	11/04
Jaye Nitschke	11/05
Kayleigh Lowenguth	11/05
Paul Pfrommer	11/08
Aliyah Giudice	11/12
Katie Crosby	11/13
Adeline Hughes	11/13
Allison Mayer	11/15
Andy Ragan	11/16
Jason Kuberka	11/17
Mackenzie Whitman	11/19
Ryan Yourch	11/19
Dianna Guerin	11/20
Sarah Mason	11/21
Natalie Martin	11/22
Carol Reid	11/23
Bev Verbridge	11/26
Elizabeth H. Ellison	11/27
Gwen Brennick	11/27
Sara Markovitz	11/27
Janet Dakin	11/28
Mary White	11/29



NEWS ABOUT LIFT
Living In Faith Together
 by Pamela Meyris

After Good Shephard's usual restorative summer break, LIFT is back with an exciting array of programs planned for all parishioners. In keeping with our mission statement, "We will expand our spirituality through collaboration using multi-dimensional resources and shared experiences to deepen spiritual friendship and become stronger women of faith." Only some program times are set at this point so watch for announcements about them. We will utilize Zoom technology.

Mission Statement

We will expand our spirituality through collaboration using multi-dimensional resources and shared experiences to deepen spiritual friendship and become stronger women of faith.

2026 Monday Meeting Schedule

November 2

Activity: An introduction to Joyce Rupp and her book *Reflections on Aging: Years of Ripening*. The book has a study guide included which we will use to read at our own pace and prepare the questions for each section of the book.

Sharon Therkildsen will facilitate this meeting. It will be the start of our book study for 2027. This is in no way a book that will have presentations about the chapters. It will be group discussions about points of interest for the group who to choose to read this book during the winter months.

At the first meeting we will jointly set some ground rules about speaking and listening.

November 16

Activity: Taize—a style of worship defined by its contemplative rhythm. It invites participants to enter a "common prayer" that requires no hymnal or sermon to understand, only a willingness to join with others in a chant that becomes, over time, a resting place for the presence of God.

Patti Curtin to gather information and facilitate the meeting.

December 7

Activity: Holiday gathering—bring items to donate to the baby closet that is at St. Mark's Episcopal Church in Newark. Bring a snack and gather for fellowship. Pam Meyris will deliver to the church.

December 21 No meeting

If you have any questions, please contact me: Pam Meyris using pmeyris@myyahoo.com or [585-967-4670](tel:585-967-4670)



Invite • Welcome • Connect

Exciting News from Invite Welcome Connect!

By Dawn Wilkins

Thanks to the wonderful grant writing skills of Dr. Mary Randall, we not only applied for a diocesan grant but, we have been approved. Good Shepherd's IWC will receive \$5000 from the 2027 diocesan budget. This will allow us to bring in a professional trainer to help us further grow this ministry. By growing this ministry, we are also working to grow our parish.

The other part of this good news is that we hope participation with the trainer will be open to our leadership and other interested parishioners. In doing so, we'll also be working to help grow Good Shepherd.

Bishop Kara Wagner Sherer is very supportive of Invite Welcome Connect, is encouraging more parishes to get involved, and hopes to hold a diocesan IWC event, probably in 2028. We'll become role models & local trainers to help grow other parishes down the road. Sounds like a win-win for the whole diocese! Stay tuned as our committee works out the details to implement our grant.

