

News From The Good Shepherd

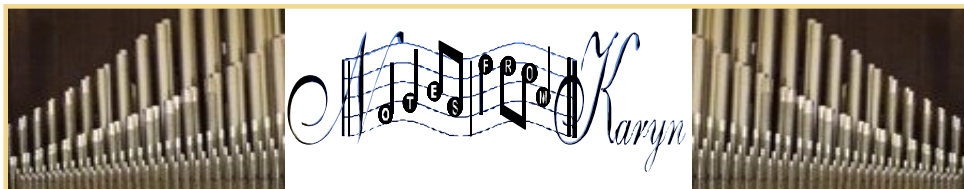


Dear Friends in Christ:

Recently Barb Killian gave me an article written by Regina Brett, 90-year-old, of the Plain Dealer in Cleveland, Ohio. She writes, "To celebrate growing older, I once wrote the 45 lessons life taught me. It is the most requested column I've ever written." I thought this was wonderful and thought I'd pass them along. Enjoy.

1. Life isn't fair, but it's still good.
2. When in doubt, just take the next small step.
3. Life is too short to waste time hating anyone.
4. Your job won't take care of you when you are sick. Your friends and parents will. Stay in touch.
5. Pay off your credit cards every month.
6. You don't have to win every argument. Agree to disagree.
7. Cry with someone. It's more healing than crying alone.
8. It's OK to get angry with God. He can take it.
9. Save for retirement starting with your first paycheck.
10. When it comes to chocolate, resistance is futile.
11. Make peace with your past so it won't screw up the present.
12. It's OK to let your children see you cry.
13. Don't compare your life to others. You have no idea what their journey is all about.
14. If a relationship must be a secret, you shouldn't be in it.
15. Everything can change in the blink of an eye. But don't worry; God never blinks.
16. Take a deep breath. It calms the mind.
17. Get rid of anything that isn't useful, beautiful or joyful.
18. Whatever doesn't kill you really does make you stronger.
19. It's never too late to have a happy childhood. But the second one is up to you and no one else.
20. When it comes to going after what you love in life, don't take no for an answer.
21. Burn the candles, use the nice sheets, wear fancy lingerie. Don't save it for a special occasion. It is today.
22. Over prepare, then go with the flow.
23. Be eccentric not. Don't wait for old age to wear purple.
24. The most important sex organ is the brain.
25. No one is in charge of your happiness but you.
26. Frame every so-called disaster with these words "In five years, will this matter?"
27. Always choose life.
28. Forgive everyone for everything.
29. What other people think of you is none of your business.
30. Time heals almost everything. Give time, time.
31. However good or bad a situation is, it will change.
32. Don't take yourself so seriously. No one else does.
33. Believe in miracles.
34. God loves you because of who God is, not because of anything you did or didn't do.
35. Don't audit life. Show up and make the most of it now.
36. Growing old beats the alternative—dying young.
37. Your children get only one childhood.
38. All that truly matters in the end is that you loved.
39. Get outside every day. Miracles are waiting everywhere.
40. If we threw our problems in a pile and saw everyone else's, we'd grab ours back.
41. Envy is a waste of time. You already have all you need.
42. The best is yet to come. . .
43. No matter how you feel, get up, dress up and show up.
44. Yield.
45. Life isn't tied with a bow, but it's still a gift.

Faithfully,



*"Praise the Lord, for the Lord is good.
Sing praises to his Name, for it is lovely."
Psalm 135: 3*

YOUTH CONCERT!!!

*Friday, June 9
7:00 pm*

We just heard a marvelous concert on our organ the Sunday after Easter. Four Eastman students performed various selections including music of J. S. Bach, Felix Mendelssohn and a woman composer, Jeanne Demessieux. About 40 people were amazed with the students' talent, some performing extended works by memory.

Another concert treat is being planned. The Youth Choir will present a concert on Friday, June 9 at 7:00 pm. They will sing anthems and share their talents on various instruments. We will enjoy their performances on piano, violin, cello, and clarinet as well as vocal numbers. 4th graders through seniors in high school make up our Youth Choir. They are very talented youngsters as you know from the music which they offer in worship on Family Sundays. Come support our youth and enjoy an evening of wonderful music! They would love to see you!



Update on the Organ

Parsons Organ Builders will take the console of the organ sometime in June to begin work on altering it to solid-state. The pipes are not affected. The Eastman performers were thrilled to hear that next year when we hold another EROI concert the organ will have a memory system and more pistons to use. They were very happy with the news!

*"I will praise the Name of God in song.
I will proclaim his greatness with thanksgiving."
Psalm 69:32*

**The Episcopal Church of
the Good Shepherd**

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Good Shepherd Webster



@FrLanceRobbins

GOOD SHEPHERD VESTRY

by Diane Castle Babcock, Senior Warden

The vestry met on Sunday, April 16th. Bruce Dunn provided the budget report, as follows:

We have accrued \$11,000 in interest from our Diocesan Investment Fund, year-to-date.

Our Key Bank savings account has yielded \$430 in interest.

Our total income for March was \$4100.

Total expenses for the month were \$31,000, leaving a net profit of \$11,000.

New York State has passed a new statute requiring two inspections of all elevators. It will cost \$500 for the additional inspection so that the church will be in compliance.

A motion was passed to move \$500 from the organ fund to pay for musicians during Holy Week.

A motion was passed to take \$2086 from the capital campaign fund to the capital improvement fund in order to pay for the new folding chairs in the parish hall. Chris Nuccitelli saved the parish \$800 on the chair by ordering from another vendor. He purchased a carpet shampooer and is researching cleaning services that will provide more extensive cleaning than our current vendor.

The vestry began a discussion about renovations of the kitchen in the basement. We need to do some work in order to use the kitchen for parish events. Pete Rothfuss will research what work needs to be done and get estimates.

As we continue with the strategic plan, we will determine if we want to apply for a food service permit so that we may use the kitchen for events that serve the community outside the parish. Becoming compliant will require more renovations and expense, which we will address as we determine our priorities.

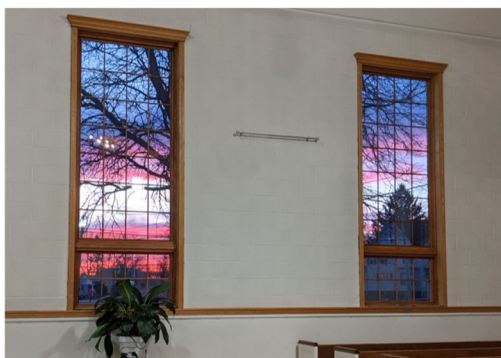
Pete is also working with Chris Nuccitelli to get estimates for work needed on St. Andrews Chapel.

The next vestry meeting will be May 21st.

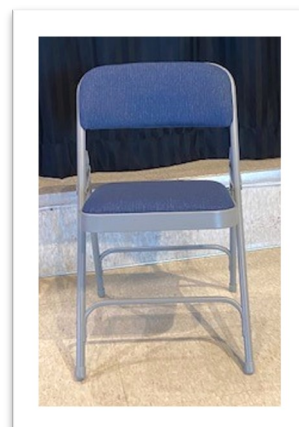


Joe Petrotta	05/02	Jill Daddis	05/21
Rowan Smolcha	05/02	Ian Daniels	05/21
Bill Edwards	05/05	Jen Ulrich	05/21
Dave Allen	05/06	Colleen Martin	05/23
Jordan Carrington ("JJ")	05/11	Cheri Mascitti	05/23
Pam Meyris	05/12	Alison Dennison	05/25
Cheryl Goslee	05/14	Kathy Stokes	05/25
John Norris	05/17	William White	05/26
Tucker Daddis	05/18	Joe Hess	05/26
Chris Peterson	05/18	Ginny Braun	05/27
Andrew Meyer	05/19	Ryan Crosby	05/28
James Backus	05/19	Amy Yelle	05/29
Kelly Havens	05/20	Sharon Therkildsen	05/30
Nancy Van Hooydonk	05/20		

**AS SEEN AT
GOOD SHEPHERD**



Nature added to the evening's observance of Maundy Thursday on April 6th



Have you sat on one of our new chairs in the Parish Hall yet? They are so comfortable. Thank you, Vestry.



On April 16th, Will Gales visited Good Shepherd to promote restarting a Boy Scouts troop or Cub Scouts pack at Good Shepherd.



On April 23rd, Gwen Brennick received a Golden Halo from Fr. Lance as the winner of our annual Lent Madness competition.



Flutist Holly Hartline played during Communion on April 16th.



Since they face the altar in front of the first pew, probably not too many parishioners see our three monkeys named for the Good Shepherd streaming technical crew.



OUTREACH

at Good Shepherd

by Yvonne Arnold

Spring Prayer by The Reverend Mark Bekkedahl

Dear God:

Spring is a metaphor for change. Some changes we await eagerly, and some we abhor. Some changes we plan and others arrive uninvited. To all these changes we ask the gift of Your perspective beckoning us to expectation, hope and rebirth.

May the sunlight and the rain be reminders that you are at work renewing the earth. As a God of renewal, You are ever at work in our lives, too.

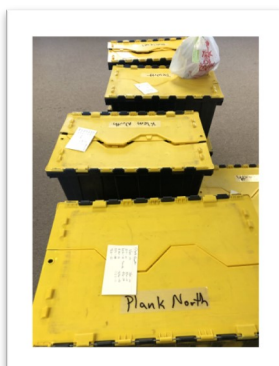
Open our eyes and lives to the needed changes in our lives this Spring. Awaken us to new life and perspective, for we pray in Jesus' name. Amen.

Our partnership with Immanuel Lutheran Church to supply food to the Backpack Ministry continues through the end of June. It will start up again in September. Your summer donations will go to The Little Free Pantry, located behind ILC, for community support. Throughout this past school year, 97 bags of food have been supplied weekly by this ministry, divided between all 7 Webster elementary schools. Food insufficiency knows no boundaries. Let us continue to support those in need, wherever and however we are able.

Immanuel Lutheran will host a Community Food Drive on Saturday, May 14th, 10 AM - 12 NOON. Your donations may be brought to ILC or left at Good Shepherd.

Thank you for your support of the basket raffle held during the month of April. Winning tickets will be drawn on Sunday, April 30th. \$200.00 was raised from this event.

Thank you notes of appreciation have been posted in the narthex from Sheen Housing, Mercy Flight Central, The Center for Youth, Rural & Migrant Ministry, Webster Hope, and the Williamson Come-Unity Center.





Stitchers continue to meet of Thursdays mornings. Please join us from 10am till 12pm in the parish hall. There's always something fun going on. Questions? Please call Janet Maier at 585-738-2280 or jhmaier@rochester.rr.com or Pam Meyris at pmeyris@rochester.rr.com.

The next book club meeting will be Thursday, May 25 at 10 am via Zoom. We will be discussing *Small Great Things* by Jodi Picoult. Jodi Picoult is the #1 *New York Times* bestselling author of twenty-five novels. Her novels are timely and challenging.

Here is the tentative schedule for 2023

Jun 22	<i>The Personal Librarian</i> by Marie Benedict
Aug 24	<i>The Children's Blizzard</i> by Melanie Benjamin
Sep 28	<i>Waiting for the Night Song</i> by Julie Carrick Dalton
Oct 26	<i>Lessons in Chemistry</i> by Bonnie Garmus
Dec 7	<i>Mistletoe Promise</i> by Richard Paul Evans

If you want more information about stitchers or book club or want to get on the email list, please contact brenda.munch@gmail.com



By: Betty Nohle

Spring has arrived and we are gathering once again for good food and a fun time together. We will now go back to the evening dinner schedule. As you read this we will be getting together at Charley Browns in Penfield. I look forward to seeing many of you there (April 24th). Fr. Lance will be with us this time. That makes it very special.

For anyone interested this group of ladies, who live alone, have fun getting together once a month on the 4th Tuesday of every month for a dinner out. We provide rides for those who don't drive at night. Please contact me (585-545-4224) if you would like to join us. We will welcome you for the fun and social interaction.



EASTMAN SCHOOL ORGAN STUDENTS GIVE CONCERT

By Richard Reid

Were you among the approximately forty persons in attendance at Good Shepherd on Sunday, April 16th at 3pm when four students from the George Eastman School had the walls resounding with notes from organ music composed between the 17th and 20th centuries? If you were, then you know how splendidly they each played. If you weren't, well, there's always an opportunity the next time they visit.

Arranged by our Music Director, Dr. Karyn Robbins, the visit was the first one since the covid pandemic ravaged the country so a receptive audience was "all ears" for them. Up first was Katherine Jolliff from Indianapolis who has been playing the organ since she was a high school freshman. She offered Bach's *Prelude and Fugue in D Major* and the third movement from *Sonata No. 4 in B-flat* by Mendelssohn. Jacob Montgomery followed with another Bach composition, the *Prelude and Fugue in A Minor*, and the scherzo from Alexandre Guilmant's *Sonata No. 5*. Jacob, a North Carolina native, holds degrees in both music performance and chemistry. A recent research project studied the correlation of pesticide usage with Type II diabetes.

The third performer, Aaron Tan, originally from the Philippines and Canada, is the only person to have received first prize in three of the most major North American organ competitions. For his set, he played two pieces by 20th century composers: the *Phantasie and Fugue in D* by Sigfrid Karg-Elert, and the seventh meditation of Jeanne Demessieux's work, *The Holy Spirit*. Lastly, Korean native Jiae Kwak was the first graduate student to be awarded the new Salisbury Scholarship by the American Guild of Organists. She performed all four movements of Mendelssohn's *Sonata No. 1 in F*.

Thank you, Katherine, Jacob, Aaron, Jiae, and Karyn, for a lovely afternoon of music at its best.





Congratulations to the Newsletter's Content Editor Richard Reid. The Spring 2023 issue of the quarterly magazine, *Films of the Golden Age*, devoted its cover story to his article, "Crisp Direction: The Silent Films of Director Donald Crisp." Older readers may recognize the director's name as a terrific character actor in movies made in the 1930s through the early 1960s but that was only the second half of his long career, as Richard details in his 30-page article. He's been writing sporadically for that periodical since 2009.



by Dianna Guerin

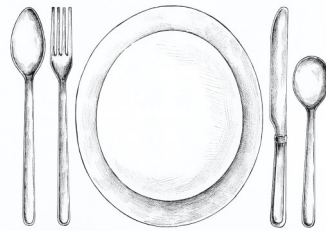
Thank you to everyone who donated to the Easter egg fundraiser for World Vision International. The kids are still counting up the total but we anticipate it will be close to \$200! World Vision International (worldvision.com) is a global Christian humanitarian organization that partners with children, families, and their communities to reach their full potential by tackling the causes of poverty and injustice.



TIME & TALENT FAIR RETURNS

On April 23rd, thanks to the organizing efforts of Ed Kushall and Cheri Mascitti, close to 15 parish groups or ministries gathered in the Parish Hall after both the 8am and 10:15 liturgies to talk about what they do, seeking support and volunteers for their efforts. Anecdotal evidence proclaimed it a success.





MEAL MINISTRY

by Debra Nelson

Many people have asked me if The Good Shepherd Meal Ministry is providing meals for the Ragans. No, we are not, directly, (at least not at the present time) for a very smart reason - Meal Train is organized through the bigger umbrella of Caring Bridge. Their reach is much further out into the Ragan's world and the help is much more extensive than what we alone can provide. However, many of our meal ministers as well as many others from our parish are thoughtfully and lovingly caring for the Ragans, so they are better able to care for Jonathan.

Through Caring Bridge, every community that the Ragans are part of has the opportunity to help, giving them love and prayers and food and yard work and anything that anyone can creatively and mindfully provide. We thank God the Ragans have had a wide community, which we are welcomed as a part of, to help them through these very difficult times. And we will be there in the future when our help is still needed. In community, we celebrate the risen Christ and see Jesus through the faces of all the friends and angels at work in the Ragan's midst.

We use an on-line organizational service called takethemameal.com. Volunteers give their email address to me, Debra Nelson. When one of our church family needs a hand, an email comes from buttler1@hotmail.com but you respond to the takethemameal.com website, choosing the date and recording the meal you plan to make. Ideas, addresses and phone numbers, dietary restrictions, and so on are all included on the site. You receive a reminder from takethemameal.com the day before. You can check a box so you will not receive advertisements from them, too.

The families who are receiving the meals can also access their meal schedule using a password. That way, they always know what food will be delivered each day. They can also contact the cooks with questions or write a brief note of gratitude via email to the cooks, if they are able. Since their phone number is included, often the cook calls the recipient before they come over with the meal.

This month we are helping Maggie Markham and her family as she recovers from angiogram & angioplasty which took place on April 24th. We have had four families since March who have welcomed some relief in preparing meals and are not receiving meals from another resource. It is not that they can't afford to provide food for their families. It is not that they can't order takeout. And it's not even that they don't have local family to help. It's just that our Meal Ministry can give them a day off from cooking, from shopping, from worrying, and from planning. And that helps when they are also taking care of their home and loved one's other needs. We provide a meal to give the family a little extra quality time to spend together – and it means the world to them.

So, I hope that you e-mail me or give me a call and let me know that you would like to sign up to help families in our church community... cardiac, neurology, orthopedic, maternity, degenerative disease patients - these are people right in our church family who are in need of our kindness. Please consider how easy it would be to provide even just one meal a month.

Questions? Contact Debra Nelson (585) 671-5581 or 261-9570 or buttler1@hotmail.com.

Holy Week at Good Shepherd



GOOD SHEPHERD OBSERVES MAUNDY THURSDAY

Good Shepherd observed Maundy Thursday at 7pm on April 6th with a traditional foot washing (offered by Fr. Lance) and handwashing (offered by Roch Whitman) while Kayleigh Low-enguth played Chopin's Nocturne in C# Minor for much of the interval. At the Offertory, the choir sang, "In Remembrance of Me," joined by Holly Hartline on the flute. During the stripping of the altar, Kylie Dennison sang the spiritual, "He Never Said a Mumbalin' Word." The service ended following Bruce Dunn's dramatic reading of Psalm 22.



EASTER Blessings

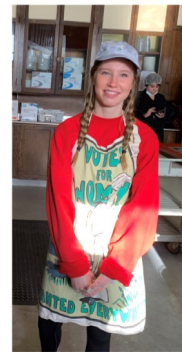




THE HAPPY FACES OF THE GOOD SHEPHERD A MEAL & MORE SUNDAY TEAM



Robin Mason



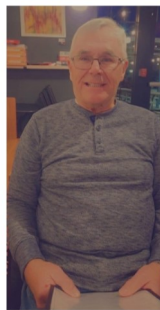
Maddie Rothfuss



Pam Meyris



Pat Sweetland



Rudy Meyris



Richard Reid



Mary Lynne Casey



Tom, Ryan, Chelsea & Kim Yourch



Tom & Patti Curtin



Peter Rothfuss



Jeff Taylor



Cheri Mascetti & Emma Scibienski



Laina Meyris



Tom & Carol Wawrzycki

The food donation focus for the month is:
CANNED BEANS, CANNED VEGGIES (CORN, GREEN BEANS,
PEAS – COMMERCIAL SIZE PREFERRED).
THANK YOU SO MUCH!