

We Are the Living Picture of God - 1 Timothy

Real Hope is Only in Jesus - 1Tim. 4:6-10

Introduction: It seems quite easy to latch onto other things which provide immediate, temporal hope & help. They look, seem ok. But they easily become substitutes for time proven way of discipline for godliness.

I. Continued warnings from previous verses vss. 6-8

A. Other matters get in the way, push away the center stage

Review of past message: 4:1-5 asceticism, dietary strictures, subtle works righteousness

B. Two more matters to avoid

1. steer clear of godless myths, old wives' tales
2. don't buff out/train, emphasize phys. to exclusion of spiritual
v 7 Greek *gymnastisize* spirit. disciplines: word, prayer, commun.

II. Godliness: a major theme Paul used.

A. Define godliness:

Isaiah 6:1, 3, 5, 8

B. Godliness for life, now vs. 8

John 3:16, John 15:5, 11 1 John 2:24-5

C, Godliness for life, to come. Present promise is enhanced

Revelation 2:10, 17

Revelation 3:5, 12, 21

D. How to get godliness. vs 7

Nourish yourself in the truths of the faith vs,6

Spiritually exert yourself as in training for Olympics

III. We have set our hope on the living God vs. 10

This is hard work! But, there is wonderful fruit/results

"The Savior of all" there are no substitute ways of salvation Acts 4:12

"There is no other name... salvation is in none other than Jesus."

Application: In what do I place my hope? 1Peter 1:13

1Peter 1:8-9

John 6:33-35 Jesus, our Bread of Life!

1Timothy 4:6-10 ESV

⁶If you put these things before the brothers, you will be a good servant of Christ Jesus, being trained in the words of the faith and of the good doctrine that you have followed. ⁷Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; ⁸for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. ⁹The saying is trustworthy and deserving of full acceptance. ¹⁰For to this end we toil and strive because we have our hope set on the living God, who is the Savior of all people, especially of those who believe.