

FAMILY CONNECTION

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

SCRIPTURE | Exodus 16:2-3,4-5,8-20

SESSION SUMMARY

In the last few sessions, we've seen the Israelites complain about the way things were going and wondering if it would've been better to be back in Egypt. In this week's session, we'll see more complaining—this time about the food and fear of starvation. Despite the people's ingratitude, God provided. Here are the main takeaways:

- Ingratitude leads to complaining.
- God provides even when we're undeserving.

CONVERSATION QUESTIONS

- How has God been faithful to our family in the past? Why is it so helpful to remember His acts of faithfulness on our good days and hard days?
- When is it most difficult for our family to trust God and His plan for us? Why?
- What are some of our family's most common complaints? How do they show our ingratitude toward God?

FAMILY CHALLENGE

Review your answers to the last question. It's not all that hard to come up with complaints. Seriously, lots of things can, and often do, go wrong in our days. It can feel incredibly difficult to spot the good. That's why we need practice. Find an unused notebook or journal at your house or go buy an inexpensive one, and create a family gratitude log. Each day, each person should jot down at least one thing he or she is grateful for. Be as specific as is appropriate. Make sure to date each page. After you've been tracking your gratitude for a while, sit down and review the items together as a family. Talk about the ways this practice has influenced your perspective.