

# Gratitude Journal

Date: ../../....

3 things I am spiritually grateful for:

- .....
- .....
- .....

Thank Jesus for all He's done!

.....

.....

.....

4 things in this life I am grateful for:

- .....
- .....
- .....
- .....

Verse I am reflecting on:

.....





# DAY 1



## Read Romans 7:1-3

In Chapter 6, verses 14-15, there are 2 indirect references to the Law. What are they?

What is the first question Paul asks in verse 1?

What 3 phrases about the Law can you find in verse 2, verse 4, and verse 6?



How many times is the word “Law” mentioned in chapter 7?

How many times is the word “commandment” mentioned in chapter 7?

Verse 1 says, “Know ye not, brethren, (for I speak to them that know the law)” Who does this statement imply Paul is speaking to?

# DAY 1



What is Paul's main point of this question? See Colossians 2:12-14

Read Romans 6:14, Galatians 3:13, 24-25. What do these verses say about believers today?

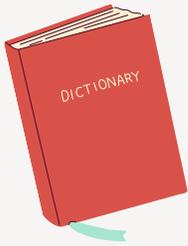
Verses 2-3 are talking about the marital contract of the Mosaic Law, which controlled the relationship between a husband and his wife. Members of the Body of Christ are not under the Law, or under the same contract. Read Ephesians 5:22-23 and write down our Spiritual contract with Christ and His church.

Who is the "husband" in verse 2?

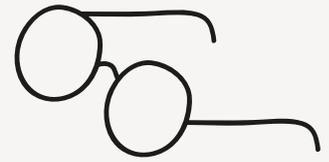
Under the dispensation of Law, what is the world's only approach to God?

If the "husband" is the "law", did the law then die?

Look up Ephesians 2:15, Colossians 2:14, and 2 Corinthians 3:11 and write what you observe.



# Day Two



We know that historically there was at first “no law”. Then, after 2500 years, “the law entered” to convict men of sin, “but where sin abounded, grace (after 1500 more years) did much more abound that....grace might reign”.

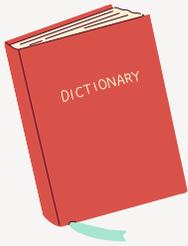
Let’s do the math and find out how they come up with 2500 and 1500 years!!! Put your thinking caps on!!! Let’s start with reading Genesis 5 and filling out the chart below! Write down each name and how old they were when they had their first son. I will do the first one for you.



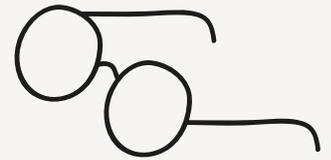
Adam	130 years old
Noah (Read Gen. 7:6)	

So how many years passed from Creation to Flood: \_\_\_\_\_





# Day Two



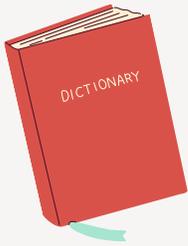
Let's now calculate Flood to Abraham. Read Genesis 11 and fill in the chart. The first one is done for you.

Shem	100 years old
Flood - Abraham=	

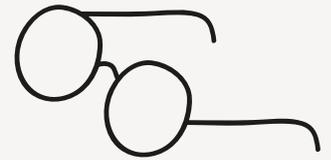
Now read Galatians 3:17 and write down how many years between Abraham and the Law.

Now add Creation to Flood, Flood to Abraham, and Abraham to Law. How many years do you have?





# Day Two

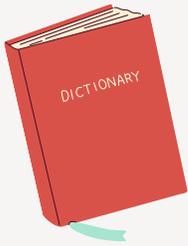


Let's now figure out the 1500 years! You can do it!

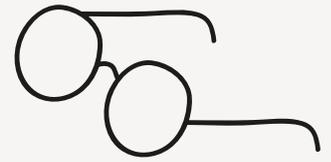
Fill out the following chart:

Acts 13:18	Years in the wilderness:
Acts 13:20	Years of the judges:
Acts 13:21	Years of Saul's reign:
2 Samuel 5:4	Years of David's reign:
1 Kings 11:42	Years of Solomon's reign:
Ezekiel 4:5	Divided Kingdom-Babylonian Exile:
See extra page	Exile to death of Christ: :
Total years:	





# Day Two



Exile and Destruction: 586 BC

Return Begins: 538 BC

Temple Restored: 516 BC

Jerusalem Rebuilt: 445 BC

Christ Crucified: AD 30-33

Amount of time that passed:



I know you are thinking what in the world are we doing this for!!! I really felt that we need to research why we believe what we believe. This is information I have been taught my whole life but I have never researched it for myself. It is so important for us to dig into the word of God and see that He is faithful and true. That His Word never fails and that the history MATCHES!! I know this took some time and a lot of brain power.....but you did it and I am so proud of you!! There is nothing more important than getting in God's Word.





DAY  
THREE

Read Romans 7:4-6

Who is “my brethren?” Who is he speaking to?

Whose body died to the Law (vs 4)?

What have we become dead to (vs 4)?

What does verse 5 say the contrast to bearing fruit to God is?

According to this verse, did the Law deliver from sin?

Because we are “delivered from the law,” how should we be serving our beloved Savior (vs 6)?

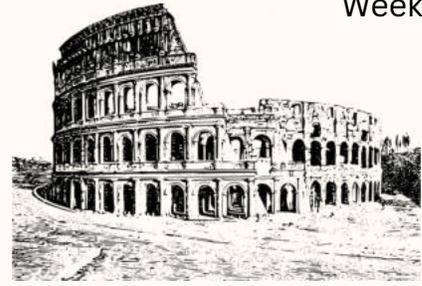
What are the two words in verse 6 that show we have been released from the law?

How has our relationship to the law been doubly dissolved?

If freed from the Law, can we live in sin?

DAY  
FOUR

Read Romans 7:7-13



What 2 questions does Paul ask us in verse 7?

His answer?

What does Paul reveal about the Law in his life in verse 7?

Could you say, “as the law acted as a mirror, reflecting back to him his true nature, he saw himself as exceedingly covetous, lustful and greedy?”

Let’s look at how the blame for man’s condition and condemnation is placed on man’s sin and not on God’s Law! Look up the following verses and write what it says about sin:

Romans 7:8 -

Romans 7:9 -

Romans 7:11 -

Romans 7:13 -



*DAY*  
**FOUR**



What does verse 12 say about the Law (3 things)?

To drag the Mosaic Law into this present age of Grace is a very serious disobedience to the Truth deposited with the Church. Look up the following verses and write what you learn:

Romans 6:14-15 -

Romans 11:5-6

Ephesians 1:7

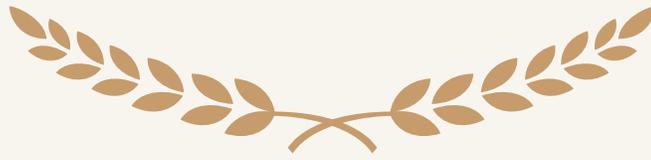
Ephesians 2:4-9 -

Titus 3:5 -

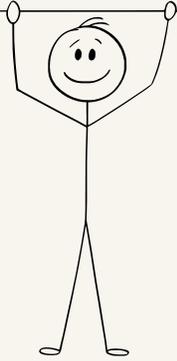
What does verse 13 say must be held accountable for our death?



# DAY FIVE



YOU CAN DO IT



What is the difference between Law and commandment in chapter 7?  
Use [BLB.org](http://BLB.org) to help!



