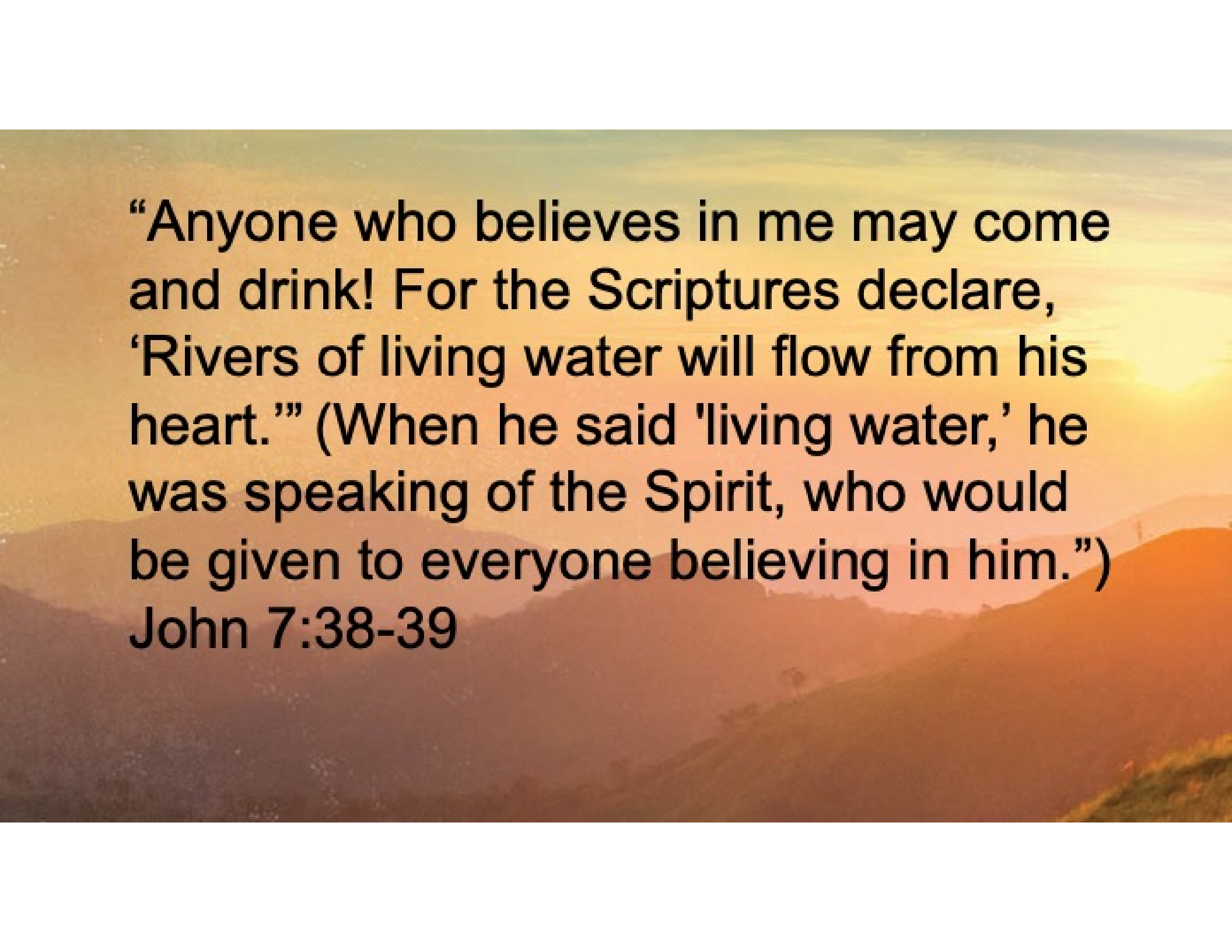




SEEKING

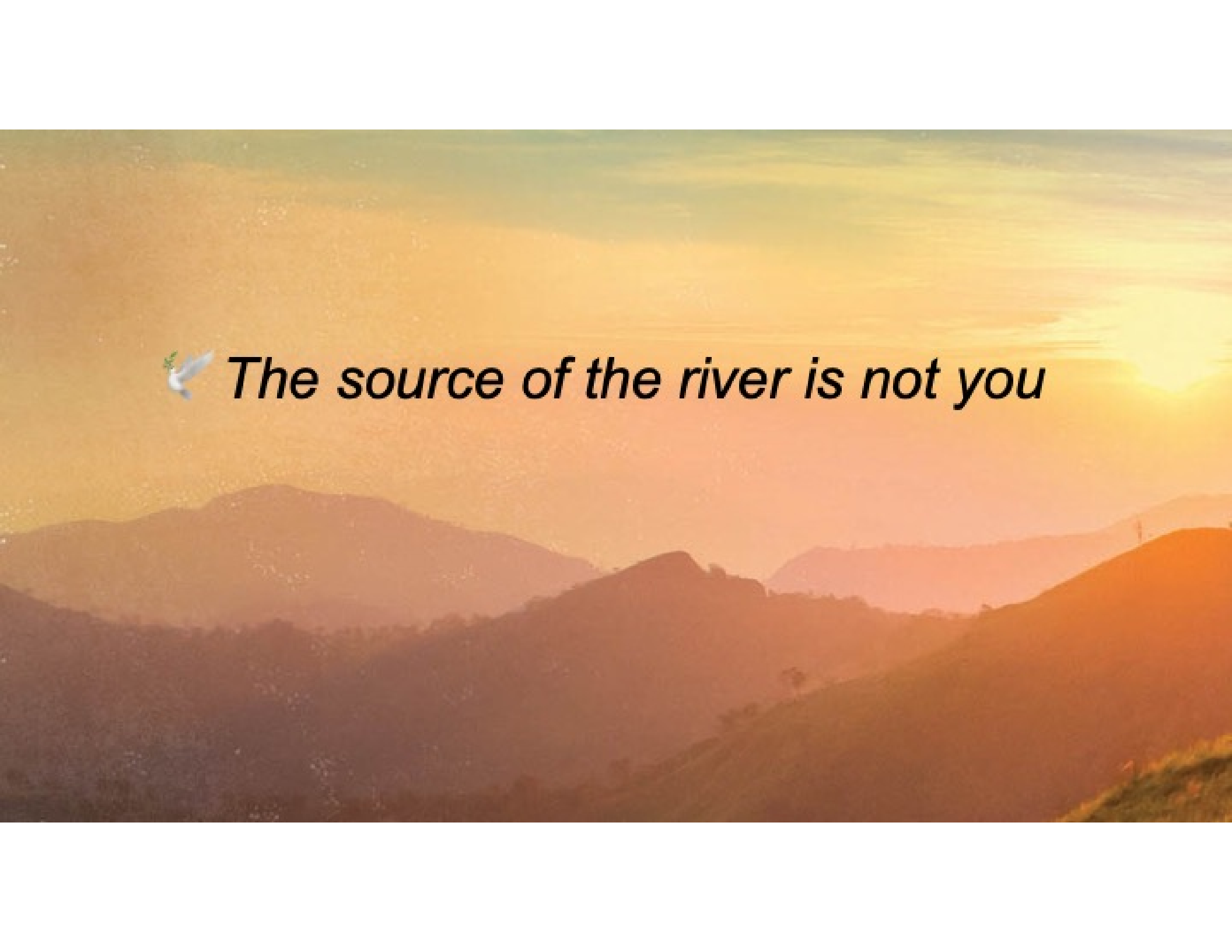
Him




“Anyone who believes in me may come and drink! For the Scriptures declare, ‘Rivers of living water will flow from his heart.’” (When he said 'living water,' he was speaking of the Spirit, who would be given to everyone believing in him.)
John 7:38-39




The Holy Spirit is a river of life and power in you

A landscape photograph showing a sunset over a body of water. The sun is low on the horizon, casting a warm, golden glow across the sky and water. In the foreground, there are rolling hills and mountains, some of which are silhouetted against the bright light. The overall mood is peaceful and contemplative.

 ***The source of the river is not you***




*The flow of the Spirit gives you power
to become who God created you to be*



“Let the Holy Spirit guide your lives. Then you won’t be doing what your sinful nature craves. . . .

The Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.”
Galatians 5:16, 22-23




*The Holy Spirit is guiding us to
become the best version of ourselves:*


*“The glory of God is man fully alive.”
Irenaeus*

*“Now with God’s help, I shall become
myself” Kierkegaard*

*“With the Spirit, you become ‘you-ier.’”
John Ortberg*

A landscape of rolling hills at sunset. The sky is a mix of orange, yellow, and light blue. The sun is low on the right side, casting a warm glow over the hills. The hills are silhouetted against the bright sky. In the foreground, there are some green hills. A small white dove icon is positioned to the left of the text.


*Our job is not to produce fruit, but
rather to stay near the river*



“Since we are living by the Spirit, let us follow the Spirit’s leading in every part of our lives.” Galatians 5:25

We need to do what OPENS us to the Spirit:

- Paying attention
 - Listening
- Spiritual disciplines



“Do not stifle the Holy Spirit.”

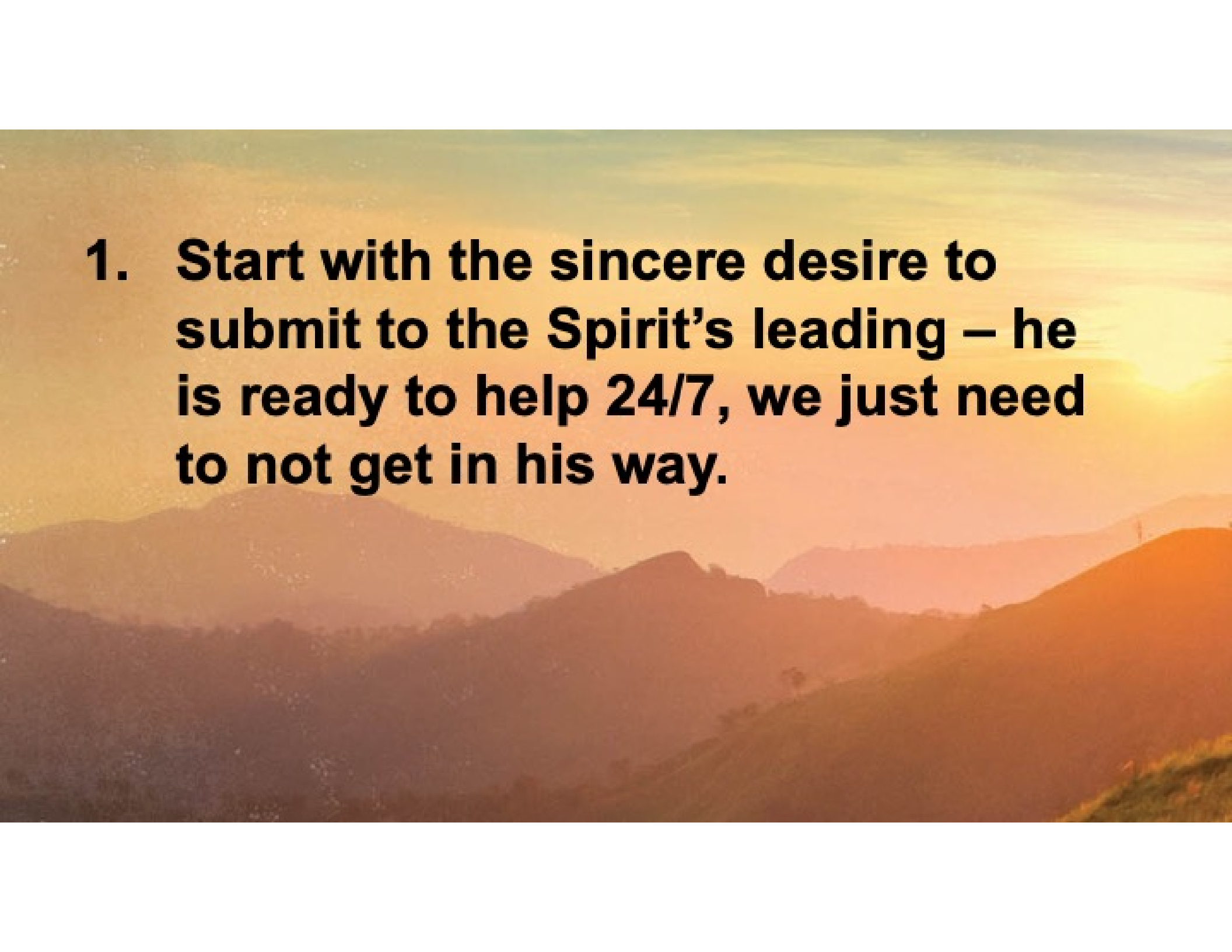
1 Thess. 5:19

Avoid what CLOSES us to the Spirit:

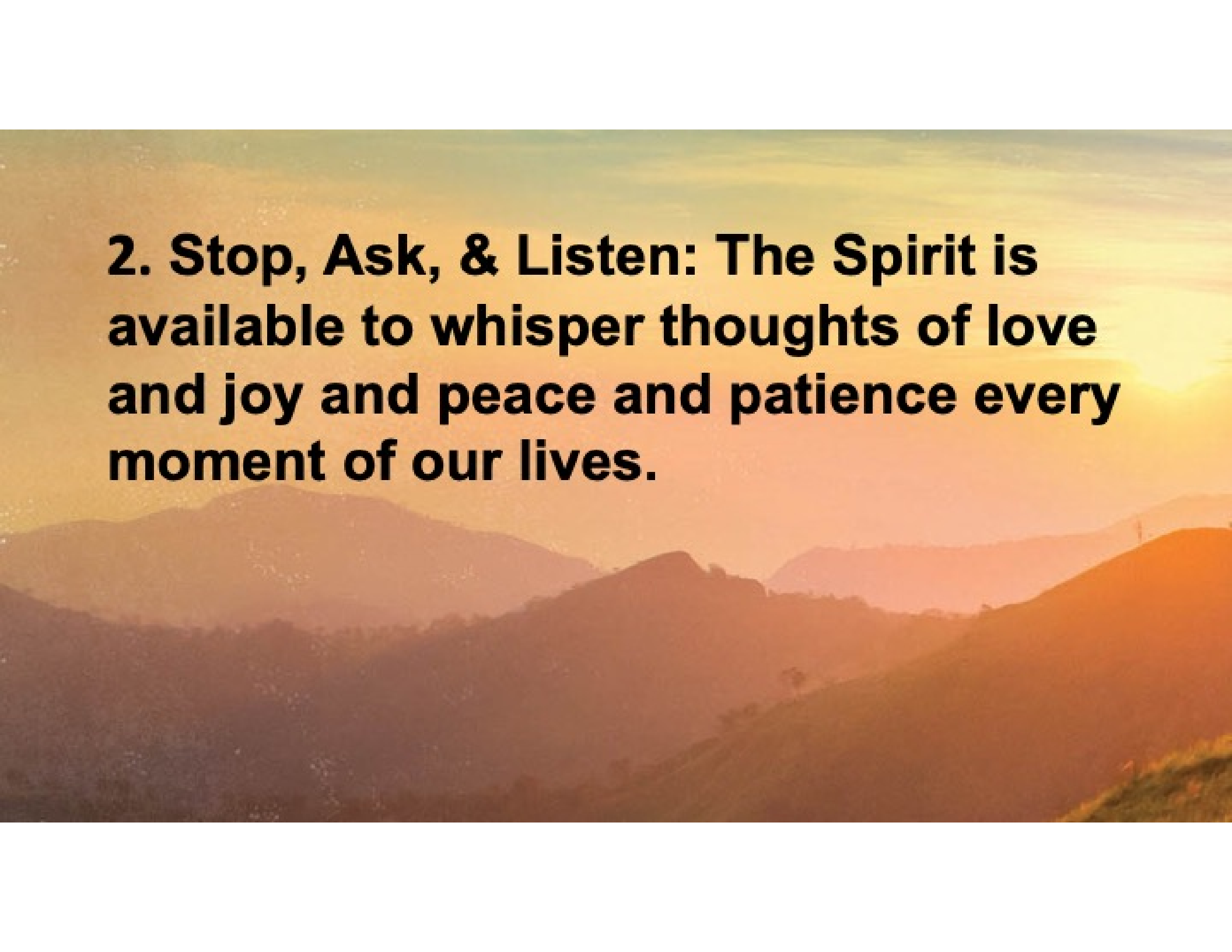
- *PRIDE*
- *NEGLECT/DISOBEDIENCE*
- *R.A.G.S (resentment, anger, greed, superiority)*



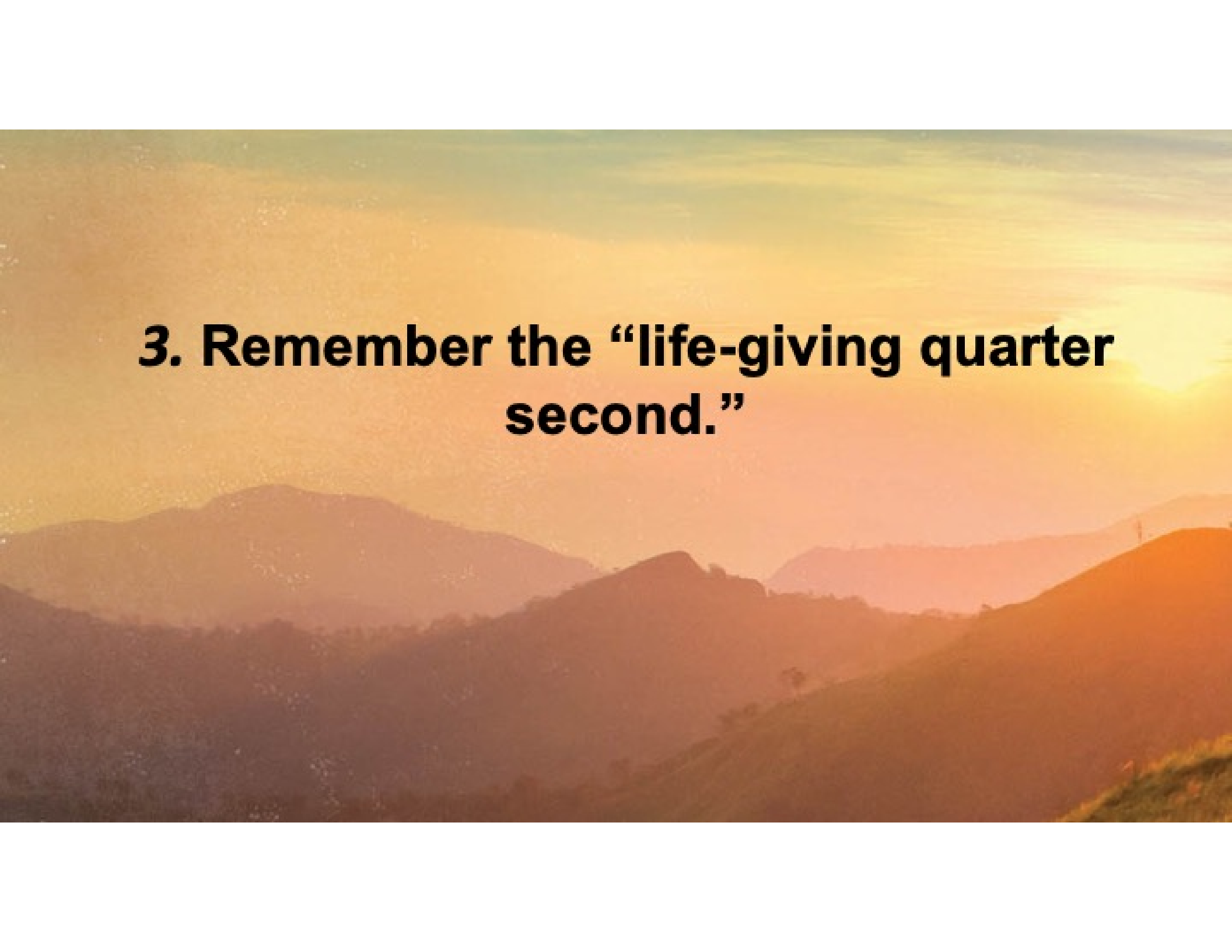
How do we live by the Spirit?



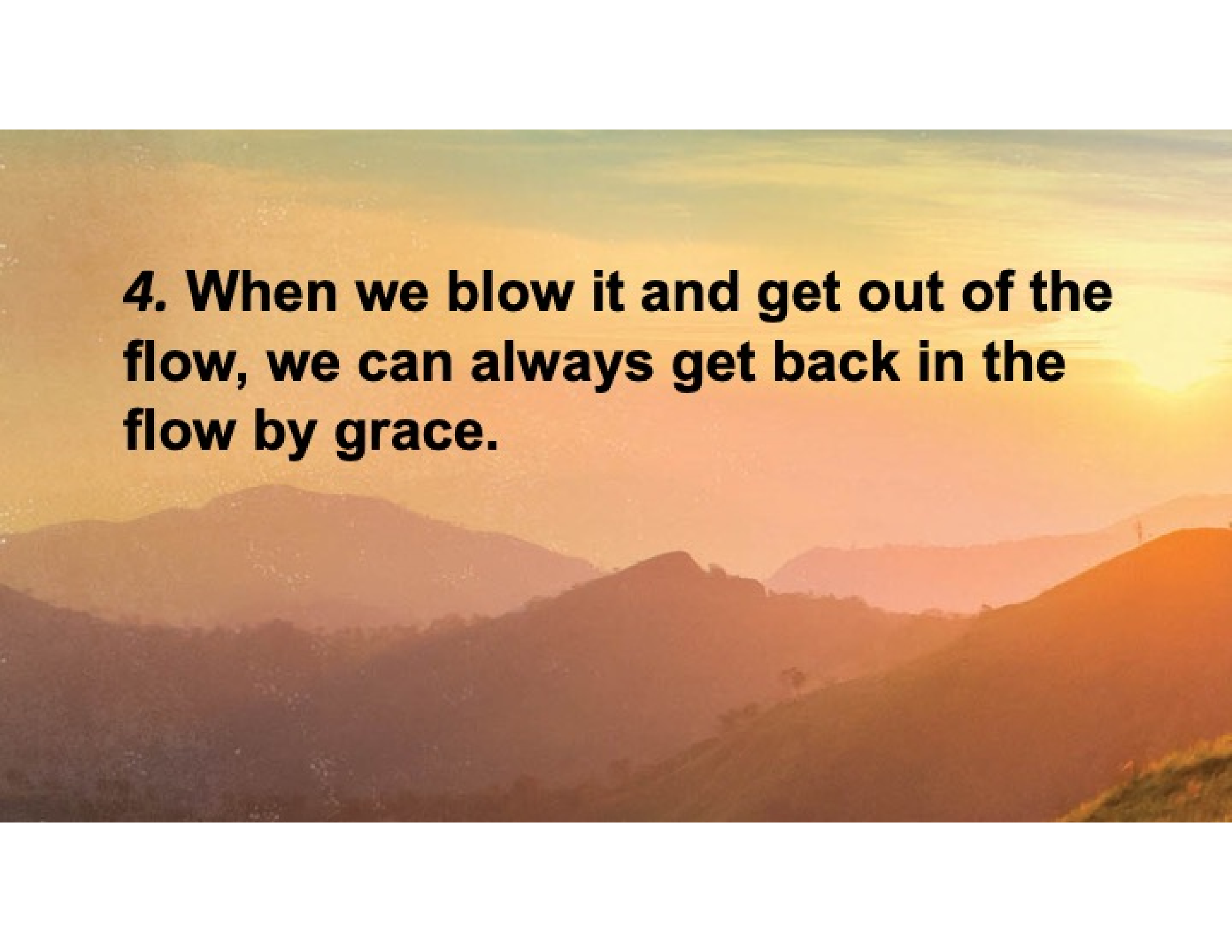
1. Start with the sincere desire to submit to the Spirit's leading – he is ready to help 24/7, we just need to not get in his way.




2. Stop, Ask, & Listen: The Spirit is available to whisper thoughts of love and joy and peace and patience every moment of our lives.

A scenic landscape at sunset or sunrise, featuring rolling hills and a bright sun on the horizon. The sky is a mix of orange, yellow, and light blue, with the sun low on the right side, creating a warm glow. The hills are silhouetted against the bright sky, and the overall atmosphere is peaceful and serene.

3. Remember the “life-giving quarter second.”



4. When we blow it and get out of the flow, we can always get back in the flow by grace.



***The Spirit flows **in** us in order to flow
through us!***