#HeadsUp

Your life matters more...









What Is This Doing To...

Our Brains?
Our Attention / Learning?
Our Relationships / Bonding?
Our Peace / Fulfillment?
Our Identity / Purpose?
Our Productivity / Mission?

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"So be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don't act thoughtlessly, but understand what the Lord wants you to do."

- Ephesians 5:15-17

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Your life matters more...

"You say, 'I am allowed to do anything' – but not everything is good for you. And even though 'I am allowed to do anything,' I must not become a slave to anything."

- 1 Corinthians 6:12 / also see 10:23

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"Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body."

- 1 Corinthians 6:20





Instead of asking "Am I ALLOWED to do this?" we can start asking:

Is this best?

Does this bind?

Does this build?

1 Cor. 10:23b

Does this bring glory to God?

1 Cor. 10:31

1 Cor. 6:12a

1 Cor. 6:12a

"...You must love the Lord your God with all your heart, all your soul, all your mind, and all your strength."

- Mark 12:29





Aims of This Series

- 1. Reclaim and renew our minds
- Explore God's Word regarding purpose, purity, productivity, and relationships
- Learn how to enjoy and use tech without being enslaved to it
- 4. Enter into real abundant life