

“Guidelines for Healthy Thinking”
Philippians 4:8

Introduction

Romans 12:2

- 1. God Commands Us to Think Correctly**
- 2. Questions to Determine If We Are Thinking Correctly**

- 1) Does it line up with what is _____?**

John 17:17

Question: “Is what I am thinking about lining up with facts and the truth of Scripture?”

- 2) Does it lift my mind and heart _____?**

Question: “Am I thinking about things that are lifting me up?”

- 3) Will it make me more like _____?**

Ephesians 4:32

Question: “Is what I am thinking about making me more like Jesus?”

- 4) Is it _____ and properly motivated?**

Question: “Is what I am thinking about clean and properly motivated?”

- 5) Is it _____?**

Question: “Is what I am thinking about delightful?”

- 6) Is it worthy of _____?**

Question: “Is what I am thinking about respectable?”

- 7) Is it really _____?**

Question: “Is what I am thinking about of extraordinary character?”

- 8) Is it worth _____?**

Question: “Is what I am thinking about deserving of praise?”

Conclusion

Matthew 9:12-13