Notes

**Defeating Fear**

**2 Timothy 1:3-12**

**I. The Danger of Fear**

A. It impacts us mentally V6 “I remind you”

B. It impacts us spiritually V8 “ashamed”

C. It impacts us physically 1 Tim 5:23

**II. The Deliverance of Faith**

Faith grabs what God has given His people

and applies it to this life!

A. God has energized us V7 “power”

B. God has encouraged us “love”

C. God has enlightened us “sound mind”