

RX FOR A HEALTHY HEART

DEUTERONOMY 1:26-36

Vs. 36: Caleb followed the Lord _____.

The Israelites lost heart and p_____. Where they were
- was " G _____ E _____".

C.S. Lewis: "We are far too easily _____."
(THE WEIGHT OF GLORY)

Symptom #1 of a weak heart - R_____.

This symptom deals with what was going on in their
M_____.

Joyce Meyer: "...think about what you're _____."

Unwillingness - is what gets in our heads when we think
"I C_____"

Some are unwilling because of fear of _____.
Some, because they've been _____.
Some are "allergic to _____".

Rx: for a healthy heart -- Be W_____.

Symptom #2 of a weak heart -- R_____.

This symptom deals with what was going on in their
A_____.

This symptom is what gets in our heads when we
say "I W_____."

Good intentions don't add up to _____.

Rx: for a healthy heart -- Active O_____.

(Side 2)

Symptom #3 of a weak heart - C_____.

This deals with what was going on in their W_____.

This symptom is what gets in our heads when we
say "God I_____".

What if God takes your complaints personally?

*Rx: for a healthy heart - F_____ on the
P_____.*

Replace the complaints with _____!

Symptom #4 of a weak heart - L_____ of T_____

This is what gets in our heads when we have the
mindset that says, "God W_____".

This deals with what a person B_____.

Kent Crockett: "Trust is genuinely giving our Father
the _____ of _____."
(I ONCE WAS BLIND BUT NOW I SQUINT)

*Rx: for a healthy heart - Put A_____ of your
C_____ in the L_____.*

GOD IS IN CONTROL OF BOTH "N_____" AND "N_____"!

*Examine your thoughts
Examine your actions
Examine your attitudes
Examine your words and conversations
Examine your beliefs*