

GRACE POINT

Life Apps Part 4: The Trust App

1 Corinthians 13:4-7, Luke 6:31

1. What was most memorable, challenging, or encouraging from the message this week?
2. Do you tend to be trusting or suspicious of people? Do you assume the best or worst about people?
3. How do you respond when what people promise is different from what they deliver? How do you respond to those gaps?
4. Share a time when you believed the best about an unexplainable gap. Share a time when you assumed the worst about an unexplainable gap.
5. Read 1 Corinthians 13:4-7. How can you express this kind of love without feeling like an emotional doormat?
6. How should you determine when to trust and when to confront? How can you confront someone in a healthy manner?
7. What can you do to break the pattern of suspicion and doubt in your relationships?

MOVING FORWARD

Jesus says in Luke 6:31, “Do to others as you would have them do to you.” Naturally, you would want people to choose to trust you rather than be suspicious of you. So why don’t we choose to trust rather be suspicious of other people? When there are gaps between what I expect and what I experience, I can choose to believe the best. And if our trust in someone begins to erode, we can choose to go directly to them. This is how Jesus followers build and maintain trust.

CHANGING YOUR MIND

“Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.”

1 Corinthians 13:4-7